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# THE RIVER WEEKLY NEWS

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Vol. 15, No. 27

From the Beaches to the River District downtown Fort Myers

JULY 8, 2016

## Music And Graphic Art Featured At Rauschenberg Gallery



**Glenn Branca and Philip Corner re:Sound, featuring graphic and musical scores, is running through August 13 in the Bob Rauschenberg Gallery**

photos courtesy of Florida SouthWestern State College

Composer and visual artist Philip Corner travels from Italy to Southwest Florida to perform *Metal Meditations* in the Bob Rauschenberg Gallery at Florida SouthWestern State College on Saturday, July 9 at 1 p.m.

Corner's performance coincides with the current exhibition running until Saturday, August 13, which includes Glenn Branca & Philip Corner re:Sound,



**The Glenn Branca & Philip Corner re:Sound exhibit features musical scores, harmonic series drawings and custom-built instruments. Guests are encouraged to participate in creating music.**

featuring graphic and musical scores, harmonic series drawings and custom-built instruments from both artists.

"This immersive installation highlights two of the most influential avant-garde composer-performers alive today," said gallery director Jade Dellinger. "Both are exploring the visualization of sound."

Branca's 1985 drawings investigating the mathematics of harmonics will be on display along with some of Corner's site-specific pieces. Fifty of Corner's original drawings forming the score of *Metal Meditations* will also be exhibited for the first time in the world.

Corner's upcoming performance will be with collaborator and choreographer Phoebe Neville. Rauschenberg's former band, Sonic Combine, opens for Corner and will provide support throughout his performance. The gallery has plans to release other exhibit-specific performances later this summer.

Events at the gallery are free and open to the public. Hours are Monday through Friday from 10 a.m. to 4 p.m. and Saturday from 11 a.m. to 3 p.m. The gallery is closed on Sundays and holidays.

Learn more at [RauschenbergGallery.com](http://RauschenbergGallery.com) or by calling 489-9313.\*

## Family Show And Workshop

The Alliance for the Arts and Harry's Senior Moment (HSM) Improv Troupe will host a family-oriented improv mini-show and workshop for parents and children ages 8 and up on Friday, July 22 in the Foulds Theater at the Alliance.

"This is an exciting, new opportunity for Alliance families to share the joy of improv together and learn simple, fun games that can be done any time with all ages," said Lydia Black, executive director of the Lee County Alliance for the Arts. "Come give it a try. It may become your new passion, just like it did for Harry."

The workshop is scheduled from 5:30 to 8 p.m., starting with pizza, a mini-show by the troupe and their kids, and then an interactive workshop with all participants. Tickets are \$10 for a parent/child pair and \$5 for each additional adult or child. Enrollment is limited to 40 participants. Reserve a

continued on page 6

## Painting Fundraiser

Paint and sip while raising money for the Southwest Florida BirthNetwork at VINO's Picasso on Sunday, August 21. The fundraiser will be held from 2:30 to 4:30 p.m. Check-in is at 2 p.m.

The Fort Myers studio is offering participants a chance to create original paintings and projects and be a part of a benefit. The cost is \$40, which includes all materials, instruction and a donation to the Southwest Florida BirthNetwork. In addition to a substantial portion of the sales, \$5 for every bottle of wine and \$2 for every glass of wine/beer sold will be forwarded to the cause. Ages 10 and older are admitted, and IDs will be checked upon arrival. Come dressed to paint.

Register online via [VINOSpicasso.com](http://VINOSpicasso.com) or call the Fort Myers studio at 288-6953. VINO's Picasso is located at 15250 South Tamiami Trail.

The Southwest Florida BirthNetwork is an alliance of individuals and

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Historic Downtown Fort Myers, Then And Now:

# Historic Downtown Fort Myers, Then And Now: Elks' First Clubhouse



by Gerri Reaves, PhD

The comfortable house pictured here served as the Elks Lodge #1288 (BPOE) in the 19-teens and early 1920s. Lodge 1288 had formed in October 1912 with 29 members, just in time for Fort Myers's 19-teen boom. Among them were figures familiar to local history buffs: Frank C. Alderman, who was elected Exalted Ruler; Dr. AP Hunter; Guy Reynolds; HB Hoyer; James E. Foxworthy; Dr. William Hanson; and Harvie E. Heitman.

The group commenced their long record of community service almost immediately by making a Christmastime donation to the Empty Stocking Fund, which served needy citizens.

And they were off to a good new year, too, by purchasing two adjoining lots on First Street on the southwest at Royal Palm Avenue in 1913. The property occupied nearly one-half of the block between Royal Palm and Lee Street.

Each of the two lots had a building on it. The smaller structure near the Royal Palm was rented out. The larger one was remodeled into the clubhouse seen in the undated historic photo.

During the Elks' years in the clubhouse, the neighborhood was a mixture of business and residential.

Within a block of the clubhouse were located the Royal Palm Hotel, the Methodist Church, and private residences.

At the Lee corner was the Roberts Building, which housed a variety of businesses and offices.

During the early period of #1288's history, the twice-monthly meetings were held at the Mason's Temple, perhaps because membership was so great. In the early 1920s, the Masons' – and the Elks – held membership meetings on the third floor of the Bank of Fort Myers Building on the southwest corner at First and Jackson.

One interesting fact about the group's early days: Each applicant for membership was required to have a physical examination. However, in 1919, the requirement ended because physicians no longer gave the exams for free.

The organization prospered, planned for a new lodge, and bought riverfront land. In October 1925, the new Mediterranean-style building a few blocks east on First was completed. (Today the site is being developed into the Allure condominiums.)

The relocation was made in time for the Lodge 1288 to host the 1926 statewide convention.

However, the club didn't stay in their new home for long. Thanks to the Great Depression, the clubhouse was lost by January 1931. (It subsequently became the Town Center, and in 1947 the American Legion Post 38.)

After the Elks moved from the big-porched clubhouse, it was vacant for a time. Then the long-lived Lawrence A. Powell funeral home moved in.

In recent history, the property was a bank parking lot.

Today, the Fort Myers Regional Library's plaza occupies the former Elks clubhouse location.

Walk down First Street to the site of the Elks' first clubhouse and contemplate the origin of an organization that's still going strong after more than a century.

Then, check out the archives at the Southwest Florida Historical Society's research center to learn more about the many organizations that contributed to local history.

The all-volunteer non-profit organization is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.



This remodeled house was the first clubhouse of Elks Lodge #1288 (BPOE), which had organized in 1912  
courtesy Southwest Florida Historical Society



Today, the Fort Myers Regional Library's Cornog Plaza is located where the Elks clubhouse once stood  
photo by Gerri Reaves

The center is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

Call 939-4044 or visit [swflhistoricalsociety.org](http://swflhistoricalsociety.org) for more information.

Watch the website of the Southwest Florida Museum of History for when it will reopen after renovations: [museumofhistory.org](http://museumofhistory.org).

Then, enjoy the exhibits at 2031 Jackson Street. Call 321-7430 for information.

Sources: Archives of the Southwest Florida Historical Society and the Fort Myers Press.✧

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Prairie Pines offers both hiking and horseback trails

## Nature Walk Highlights Prairie Pines Preserve

A free, guided 90-minute nature walk will be offered at 9 a.m. on Saturday, July 16 at Prairie Pines Preserve, 18400 N. Tamiami Trail in North Fort Myers. At more than 2,600 acres, the preserve is one of Lee

County's largest Conservation 20/20 parcels. Habitats include freshwater wetlands, pine flatwoods, scrub areas and oak/sabal palm hammocks. The preserve is home to many varieties of birds and small mammals.

The walk is led by a volunteer naturalist over a level crushed shell path. Participants should wear sturdy walking shoes and dress for the weather.

No reservations are required. For more information, visit [www.conservation2020.org](http://www.conservation2020.org) or call 204-1125.\*



Join Fort Myers Beach Chamber members at the Bowling Bash

## Beach Chamber Bowling Bash Returns July 21

Hit the lanes with the Fort Myers Beach Chamber of Commerce at the 3rd annual Beach Chamber Bowling Bash at Beach Bowl & Pelican's Arcade on Thursday, July 21 from 5 to 9 p.m. The fun is open to the public and sponsored by Paychex, Captain Bubby's IsLand Tours and Mango Street Inn.

Enter a team of up to five players and play from either 5 to 7 p.m. or 7 to 9 p.m. Prizes will be awarded for winning team, best score and worst score.

Cost per team is \$150. If you don't

want to bowl, you can still join in the fun as part of the gallery for \$10. There will be free pool, cornhole and other games for all attendees as well as free food and a cash bar. There will also be plenty of raffle prizes.

The theme for this year is the 1960s, so there will also be an award for best dressed. This is a great opportunity to get acquainted with the Fort Myers Beach Chamber or to network with beach area businesses in a friendly environment.

Chamber member businesses can also hang their banner at the bash for \$50 or have their logo on the Friends of the Bowling Bash poster for \$25.

Beach Bowl and Pelican's Arcade is located at 17651 San Carlos Boulevard.

For more information or to register, visit [www.BeachChamberBowl.com](http://www.BeachChamberBowl.com) or call 454-7500. ✨

## Summer 5th Anniversary Tea Saturday, July 23rd, 2016



Seatings at 11:00 and 1:30

*Please join us for the finale of our 5th Anniversary week with a special tea event to celebrate summer!*

The menu will be All-American themed.

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\*Sanibel Beads available at the Sanibel location only.



Fort Myers Art:

# Fort Myers Film Festival’s Popular Indie Mondays Returns August 1



by Tom Hall

Thank God For Indie Mondays resumes for a seventh season on August 1 inside the Sidney & Berne Davis Art Center. Continuing on the first Monday of every month through February 6, 2017, the popular event invites indie film enthusiasts (known as cineastes) to comment on submissions from all over the world that are being considered for inclusion in the 7th annual Fort Myers Film Festival in March.

Dialogue is the keynote of among TGIM participants. Some people love particular entries. Other people could not hate them more. But as long as audience members are not ambivalent, film festival director Eric Raddatz and producer Melissa

Tschari DeHaven regard a screening as successful. That’s because the objective of “Intellectualization Mondays” is to get people thinking, talking and engaging in a respectful (albeit sometimes spirited ) exchange of ideas that help TGIM’s participants to define and refine how they feel about a wide range of political, social and personal issues.

Last season, for example, TGIM’s celebrity judges and audiences took advantage of the opportunity to preview and critique:

- a film in which a doctor develops a technique that allows people to travel in their mind back in time to relive experiences they had not yet been fully able to process (*AGAIN*)
- a video journey that illustrated the distance water travels on its trek through Florida’s Everglades ecosystem (*Flow*)
- a documentary that provided insight into the world of Lee County law enforcement by following one of its finest as he discharged his duties over the course of a shift (*Proud*)
- a short in which a man betrayed by his wife and their best friends resolves to avenge their infidelity as the new year rings in (*Resolution*)
- a short featuring area actors and locations that dealt with the deadly sin of envy (*RING*)
- a six-minute film that involved a couple who go to bed mad at one another only to have their night interrupted by an intruder downstairs (*Sh-h-h*)
- a film about a curious photographer who lives through her camera and views

the world through her lens but find that in so doing, she may be losing touch with humanity and the art of interpersonal communication and connection (*Touch*).

As this brief survey underscores, the storylines are as unpretentious as they are varied, and even where the running times are measured in mere minutes, the films can give rise to deep and complex commentary on people, life and the human condition. You don’t need to be a producer, director or actor to have an opinion, and what you think is just as valued and important as what TGIM’s celebrity judges may espouse.

So, make plans to join Raddatz, Tschari DeHaven and people just like yourself who appreciate the art of film and enjoy sharing thought-provoking opinions and lively discussion about the often edgy but always novel cinematic offerings of first-time, amateur and aspiring world-class filmmakers. And don’t be surprised if you become so inspired that you want to join the T.G.I.M. group for the afterbuzz at Twisted Vine after the show for late night happy hour and appetizers.

## Edison Ford To Hold Hurricane Preparedness Seminar

The Edison & Ford Winter Estates is hosting a hurricane preparedness seminar at 10 a.m. on Tuesday, July 12. The seminar will include presentations by Lee County Emergency Management, guest speakers from Edison Ford staff and WINK News meteorologist Mary Mays.

Mays holds a bachelors degree from the University of Georgia and a masters degree in Earth and Atmospheric Sciences from Georgia Tech. The Savannah, Georgia native joined WINK News in August 2014 after previously working at KXXV News Channel 25 in Waco, Texas for nearly two years as their weekday morning and midday meteorologist. She will answer questions about what items you might want to invest in before a storm as well as what to do after a storm has passed.

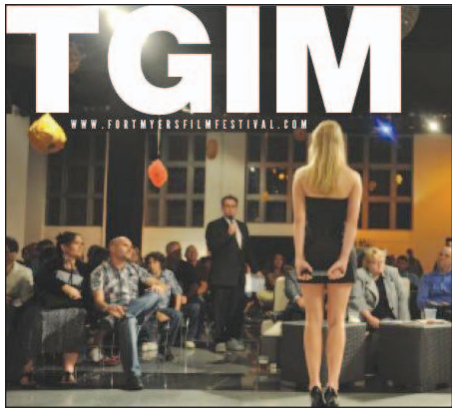
This in-depth lecture will also include information on how to plan and prepare for hurricane season, the special needs program, volunteering with Lee County Emergency Management, family emergency plans, evacuation routes, public shelters, emergency supply kits, evacuation zones and what resources are available during a disaster. *WINK Hurricane Guides* will be distributed at the meeting with tips and advice.

Whether you are new to the area or a longtime resident, it is a great way to become informed, make a plan and put your mind at ease.

The seminar is open to the public and part of an ongoing monthly series of lectures and programs designed to engage both Lee County residents and visitors. The seminar is free and will be held in the lecture hall of the South Florida Water Management building, located at the corner of Larchmont Avenue and McGregor Boulevard in Fort Myers.

For more information, call 334-7419 or visit [www.edisonfordwinterestates.org](http://www.edisonfordwinterestates.org).

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✱



Thank God For Indie Mondays will kick off the 2017-18 season on August 1

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Exterior of the Goodwill Boutique on First

## Boutique To Host Fundraiser

The Goodwill Boutique on First will partner with Red Door Photography and PACE Center for Girls on Thursday, July 14 for Love That Dress and Goodwill, Too, a night of fun, fashion and fundraising.

Guests are asked to bring a gently used dress for PACE's Love That Dress and other gently-loved items for donation to Goodwill. A reverse auction, entertainment and refreshments will be on tap from 5:30 to 7 p.m. in the boutique, located at 2401 First Street in the Fort Myers River District.

From 7 until 9 p.m., the party continues at Red Door Photography's new studio, where guests can receive a free headshot. A silent auction and live painting demonstration by local artist Dharma Leferve will be followed by a grand prize drawing for a fully stocked, temperature-controlled wine cooler, valued at \$1,500. Winner need not be present to win. Red Door Photography is located at 1601 Lee Street.

Admission is \$10 at the door with a donation of gently-used items to Love That Dress and Goodwill Industries of Southwest Florida. Proceeds benefit PACE Center for Girls.

For more information, visit [goodwillswfl.org](http://goodwillswfl.org) or [pacecenter.org](http://pacecenter.org).✱

## Calendar Girls Visit Rehab Center



The Calendar Girls dressed up as Raggedy Anne dolls

Putting on their best "doll" face, The Calendar Girls performed for the residents of the Fort Myers Rehab Center on June 28. For more information about having the Calendar Girls perform at your community function, visit [calendargirlsflorida.com](http://calendargirlsflorida.com) or call 850-6010.✱

## Thrift Store To Hold Anniversary Sale

Community Thrift Store, operated by Shell Point Retirement Community, invites Southwest Florida residents to celebrate its 5th anniversary during a storewide summer sale that will take place Tuesday, July 12 through Saturday, July 16 from 9 a.m. to 4 p.m. at 15501 Old McGregor Boulevard, Unit #2 in Fort Myers.

During the sale, bargain hunters will enjoy 50 percent off all items in store, including appliances, name-brand clothing and furniture. Enter the raffle for a chance to win prize giveaways, including



Inside the Community Thrift Store in Fort Myers

gift certificates to Five Guys Burgers & Fries and free tickets to the upcoming Shell Point Summer Concert Series performances.

Community Thrift Store, opened in 2011, directs proceeds to serving seniors in Southwest Florida. The store offers clothing, shoes and jewelry; home décor, kitchen items and furniture as well as construction materials, appliances and fixtures. Tax-deductible receipts are available for individuals or organizations that donate items to the store. Like Community Thrift Store on Facebook to learn about upcoming "steals and deals," and catch the first glimpse of new treasures.

For more information, call 225-6529.✱



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# Wisteria Tea Room Toasts 5th Anniversary



Picnic display at Wisteria Tea Room & Cafe


Wisteria Tea Room & Café will celebrate a milestone with its Summer 5th Anniversary Tea on Saturday, July 23. Seatings are available at 11 a.m. and 1:30 p.m. The menu will be All-American themed. A pre-paid \$45 reservation includes tax and gratuity. The tea party is the finale of the business' 5th anniversary week that involves five days of Wisteria Tervis tumbler giveaways, a special scone flavor debut and specialty 5th anniversary jumbo cupcakes from July 18 to July 22. For more information or reservations, call 689-4436, email [service@wisteriatearoom.com](mailto:service@wisteriatearoom.com) or visit [www.wisteriatearoom.com](http://www.wisteriatearoom.com).✽

# Disco Ball Gala, Fine Art Auction Coming This Fall

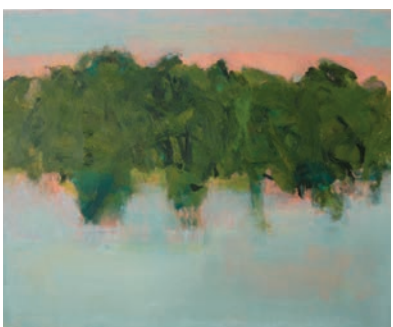
Lee, Hendry and Glades counties' first and only licensed and certified domestic and sexual violence center will host its Arts for ACT Disco Ball Gala and Fine Art Auction at Harborside Event Center in downtown Fort Myers on Saturday, October 29 beginning at 5 p.m. The fundraiser, whose committee includes honorary chair Michel Doherty, will support ACT's core services for victims of domestic violence, rape/sexual assault and human trafficking, including emergency shelter for survivors and their children, the 24-hour crisis hotline, counseling, children's programs and community education. A call to artists nationwide has also been requested for juried art submissions. The Disco Ball Gala and Fine Art Auction, presented by Bill Smith Appliances & Electronics, will feature an extended cocktail reception to commemorate the nonprofit agency's 38 years in the community. Additionally, Harborside Event Center will be completely transformed into a massive 30,000-square-foot discotheque, featuring a nightclub atmosphere reminiscent of the 1970s era of disco entertainment and

dancing. A live performance from The Original Studio 54 Band will complement the night's festivities. In addition, event patrons can expect exceptional featured art during the live auction, conducted by Scott Robertson, and silent auction as well as gourmet food. The silent auction will use sophisticated mobile bidding technology to simplify bidding and add to the excitement of the event. With more than 75,000 clients served at ACT since 1978 in Lee, Hendry, and Glades counties, the nonprofit is hoping to draw its largest crowd since the passing of major supporter Robert Rauschenberg. In 2015 alone, ACT provided 5,654 people with services. 256 were victims of sexual assault, 125 of which received the forensic examination for rape. 650 clients stayed in the residential shelters (nearly half were children). "There is no other organization in the three county area served by ACT that provides the comprehensive list of services to abuse victims. ACT is a vital part of our community," said Earl Smith, president of Bill Smith, Inc. "ACT saves lives and gives hope for a better life to so many. This is why I and my company continue to support ACT every year." Tickets for the event are \$150 per person, with sponsorships available for tables and business branding recognition. For more information or to become a gala sponsor, visit [www.artsforactfineartauction.com](http://www.artsforactfineartauction.com) or call 939-2553. ✽

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**Family Show**  
spot by going to [artinlee.org/improv](http://artinlee.org/improv) or calling 939-2787. Harry Lichtcsien, the inspiration behind Harry's Senior Moment, (HSM), is 82 years old, and has been living with colon cancer for 10 years. With the help of his best friend, Bonnie Grossmann, HSM was born. Grossmann encouraged Lichtcsien to take improv classes as an outlet for the stress of dealing with cancer and then worked with him to create the HSM Improv Troupe. "I felt I had a message for people like myself. Let's get out there and have fun by sharing the joy of improv with everyone we can," said Lichtcsien. People are surprised that the troupe's members are much younger than Lichtcsien. "He's even become a pied piper, of sorts, and has a following of youngsters," said Grossmann. "HSM demonstrates that fun and laughter is truly a multi-generational benefit of the improv art form." For more information, visit [seniorimprov.com](http://seniorimprov.com), email [harrysmoment@gmail.com](mailto:harrysmoment@gmail.com) or call 481-7158.✽



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Hollis Jeffcoat - Mangrove Island I, oil on canvas

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## ArtFest Poster Competition

ArtFest Fort Myers, Southwest Florida's premier fine art festival, has officially launched their Poster/T-shirt Competition for the 2017 festival. "We hope that all professional artists will submit artwork that speaks to Southwest Florida," explained Sharon McAllister, executive director. "Our commemorative poster and T-shirt always feature inspiring original artwork and we encourage any artist, not just those applying to participate in ArtFest Fort Myers 2017, to submit their artwork for consideration." The artist whose work is selected for the poster/T-shirt will be featured in a broad range of print, on line and VIP promotions preceding festival weekend, and continuing throughout the year. The selected artist also receives a free booth space at ArtFest Fort Myers 2017, a complimentary three-night stay at our host hotel, plus an invitation to join us at ArtFest Fort Myers 2018 and much more. "I loved LOVED being the featured

poster artist for ArtFest Fort Myers," said Leoma Lovegrove about her 2016 experience. "The media whirlwind began with the Poster Unveiling Party in early January-such an honor to meet the dedicated community of art buyers who support the art festival! In the weeks preceding ArtFest, my work and my story were promoted everywhere and my festival weekend was a marvelous success." Submissions for this contest must represent original artwork, in a theme that reflects Southwest Florida and is appealing to a broad audience. Entries are being accepted through August 19, and images can be submitted by email. For more information, visit [ArtFestFortMyers.com](http://ArtFestFortMyers.com) and click on Poster Contest or call 768-3602. Proceeds from the sales of the commemorative poster and T-shirt help to support a variety of ArtFest Fort Myers' art education outreach programs and the Newspaper In Education program at the News-Press. ArtFest Fort Myers takes place on February 3, 4 and 5, 2017 in the Fort Myers River District. For more information, visit [ArtFestFortMyers.com](http://ArtFestFortMyers.com).✽

is to promote an evidence-based, wellness model of maternity care that will improve birth outcomes and reduce costs.✽

From page 1  
**Painting Fundraiser**  
organizations in Southwest Florida with concern for the care and well-being of mothers, babies and families. Its mission



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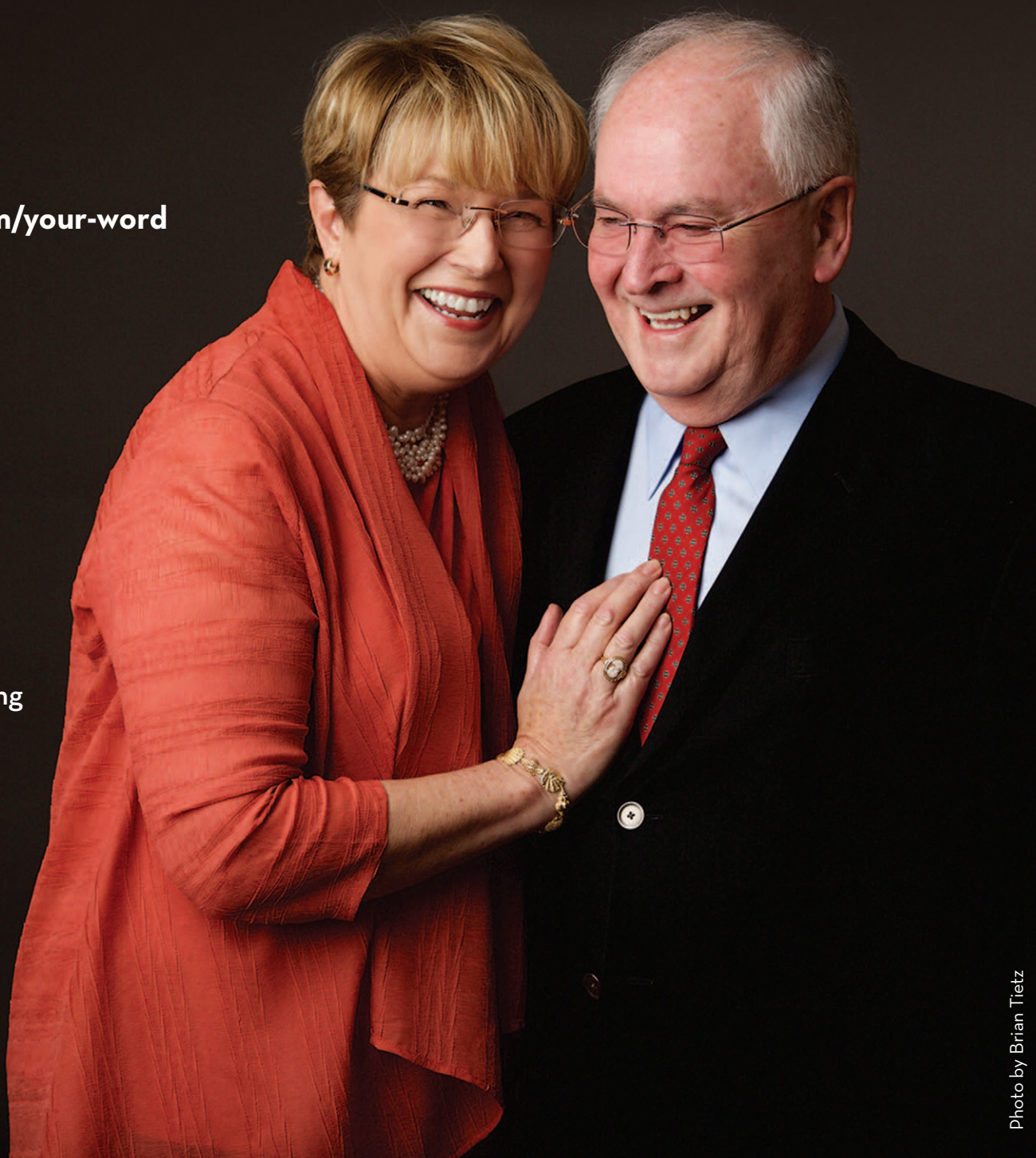
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Boat along the river with Pure Florida's Eco-Cruise tour to Picnic Island

## Along The River

An opening reception for an art exhibit to celebrate a decade-long partnership between two Fort Myers entities will be held at the **Alliance for the Arts** on Friday, July 8 from 5 to 7 p.m.

**Art In Flight: 10 Year Anniversary** features works by 35 artists. It is the collaboration between the Alliance and the Southwest Florida International Airport, where the exhibit has hung since last summer.

Art In Flight: 10 Year Anniversary will be on display at the Alliance for the Arts until Friday, July 29 when a new exhibit – called My Sky, featuring paintings created by Lee County art students – will replace it.

Are you interested in a combination boat ride and history lesson?

**Pure Florida's** Fort Myers location will present an **Eco-Cruise tour to Picnic Island** this Saturday, July 9 from 8 to 11 a.m. The three-hour



Create a keepsake during a wine glass painting class at Alliance for the Arts

eco-adventure will include a narrated cruise along the Caloosahatchee and a guided tour of Picnic Island, a natural, uninhabited island located between Sanibel and Pine Island.

During the excursion, guests will have the opportunity to sightsee and work on their suntan. While discovering the island, explorers can enjoy leisurely walking amidst black and white mangroves, playing in sand, shelling and fishing. Visitors will also have the opportunity to observe wildlife native to the Caloosahatchee and Picnic Island. While Pure Florida cannot guarantee animal sightings in the wild, potential wildlife sightings include dolphins, eagles, manatees, native birds and more.

The Eco-Cruise tours are guided by U.S. Coast Guard-certified captains and master naturalists and highlight the history of the Caloosahatchee and the accomplishments of Thomas Edison and Henry Ford during their time spent at the nearby Edison & Ford Winter Estates in Fort Myers.

Registration for the tour is \$44 per person, and the *M/V Edison Explorer* departs from The Marina at Edison Ford, located at 2360 W. First Street in Fort Myers.

For more information or to book your tickets, call 919-2965, email [FortMyers@PureFL.com](mailto:FortMyers@PureFL.com) or visit [www.PureFL.com](http://www.PureFL.com).

**Mound House** officials are hosting an **All About Oysters Youth Program** this Saturday, July 9 from 10 to 11 a.m.

Education Program Coordinator Penny Jarrett will lead the oyster informational program at the 451 Connecticut Street location. Cost is \$5 for the program and \$10 for museum admission.

Mound House is a unique archaeological and historical site on Fort Myers Beach, located directly on Estero Bay. This is just one of a variety of programs for local residents, visitors and school groups. Experience the one-of-a-kind museum that sits atop a 2,000-year-old Calusa Indian shell mound.

Come early and join a new guided museum tour. Tours begin at 9 a.m. and continue until 3 p.m. Cost is \$5 plus the museum admission.

On Saturday, July 9, **Alliance for the Arts** will continue its **Member Art Nights** with wine glass painting from 6 to 8 p.m. Registration includes a glass of wine and snacks, but you can bring your favorite beverages to share. You must be a member in order to participate.

The evening features a local artist that will guide you through the painting of a set of two wine glasses, great functional pieces of art, and homework instructions for curing your glasses in your own oven, making them hand-washable.

Member Art Nights admission is \$35. Register online at [ArtInLee.org/events](http://ArtInLee.org/events). Space is limited. You must be a member in order to participate. Individual memberships are \$55 annually or family memberships are \$80. No experience is necessary.

The Member Art Night Series will conclude on Thursday, August 11 with ceramic pointillism from 6 to 8 p.m. Paint your own bisque-ware bowl using a fun pointillism technique. Use acrylic paints to design a pre-formed and fired ceramic bowl demonstrating unique designs and styles to help guide you through your project. This piece of decorative art will make a great gift or a fun conversation piece in your home.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.

Each Thursday through the month of July, **JN "Ding" Darling National Wildlife Refuge** on Sanibel Island is offering a **free one-hour hike of its Indigo Trail**. Join refuge naturalists as they identify and discuss the ecosystem's plant and animal species along the trail. Interested participants are asked to meet at the flagpole in front of the refuge visitor education center.

The Indigo Trail Hike is part of the refuge's free summer programs. Visit <http://dingdarlingsociety.org/> and click on "free summer programs" under "upcoming events" to view all summer programs offered. Call 472-1100 ext. 236 to learn more.✱

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# FORT MYERS FARE

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## COURTNEY'S CONTINENTAL CUISINE

Courtney's is a family business run by Executive Chef Dale, his wife Betty and their son, Courtney. The warm and welcoming bar is great for libations and lots of laughter. Relax in comfort with friends and enjoy discounted drinks and appetizers during happy hour, served from open to close daily. The dining room offers a wonderful dinner variety; if you're an early diner, be sure to check out the Sunset Dining Specials from 4 to 5:30 p.m. Summer hours are Tuesday through Thursday from 4 to 9 p.m. and Friday and Saturday from 4 to 10 p.m.

20351 Summerlin Road (across from Sanibel Outlets in Publix Sanibel Beach Place), Fort Myers. Call 466-4646

## DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well-known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

## ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



From left, Courtney, Betty and Chef Dale from Courtney's Continental Cuisine

photo by Bob Petcher

## IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone.

Il Cielo is located at 1244 Periwinkle Way on Sanibel and open Tuesday through Saturday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. Enjoy live piano music by Scott McDonald on Thursday, Friday and Saturday nights, beginning at 7 p.m.

Call 472-5555 for reservations.

## IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m. 751 Tarpon Bay Road, Sanibel. Call 395-4022.

## ISLAND COW

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches.

2163 Periwinkle Way, Sanibel. Call 472-0606.

## JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire Blues Band and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" starting at \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested. 1223 Periwinkle Way, Sanibel. Call 472-1771.

## STANDARD RESTAURANT

The Standard Restaurant offers legendary food, cocktails and hospitality in a relaxed atmosphere. The combination of iron beams, old brick walls and thick wooden table tops add to the restaurant's ultra-modern feel. Noted executive chef Katlyn Johnson serves fresh home-cooked style dishes from her "made from scratch" kitchen.

The Standard Restaurant is open six days a week, serving lunch and dinner each day from Tuesday through Sunday as well as brunch with bottomless mimosas on Saturdays and Sundays.

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| <b>Saturday</b>   | <b>Brunch 9-noon<br/>Lunch Noon-4<br/>Dinner 5-11</b> |
| <b>Sunday</b>     | <b>Brunch 9-3<br/>Dinner 4-10</b>                     |

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## Churches/Temples

### ALL FAITHS UNITARIAN CONGREGATION (UUA)

2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. [www.allfaiths-uc.org](http://www.allfaiths-uc.org)

### ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

### ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., [www.annunciation.flgoarch.org](http://www.annunciation.flgoarch.org), 481-2099

### BETH SHILOH

#### MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

### BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

### CHABAD LUBAVITCH

#### OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, [rabbi@chabadswf.org](mailto:rabbi@chabadswf.org). [www.chabadswf.org](http://www.chabadswf.org). Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

### CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor [revtedalthouse@aol.com](mailto:revtedalthouse@aol.com)

### CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

### CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 10:30 a.m. Website: [www.taecc.com](http://www.taecc.com)

### COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937 Reverend Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

### CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

### CYPRESS LAKE

#### PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. [www.clpc.us](http://www.clpc.us). Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

### CYPRESS LAKE UNITED

#### METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

### FAITH FELLOWSHIP WORLD

#### OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m.

Nursery care for pre-school children and Children's Church ages 5 to 12 available.

### FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

### FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. [christiansciencefortmyers.net](http://christiansciencefortmyers.net), [christianscience.com](http://christianscience.com)

### FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

### FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. [www.fumcftmyers.org](http://www.fumcftmyers.org). Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

### FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

### FORT MYERS CONGREGATIONAL

#### UNITED CHURCH OF CHRIST;

8210 College parkway, Fort Myers, 482-3133. Reverend Anton DeWet, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m. Friendship Time follows worship.

### IONA-HOPE EPISCOPAL

#### CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

### JESUS THE WORKER

#### CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

### KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

### LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. [www.lambofgodchurch.net](http://www.lambofgodchurch.net). Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

### NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. [nbcministry@embarkmail.com](mailto:nbcministry@embarkmail.com), [www.facebook.com/nbcministry](http://www.facebook.com/nbcministry). Alex and Patricia Wiggins, Ministers

### NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. [www.newcovenanteyes.com](http://www.newcovenanteyes.com). LIFT Kidz program, free coffee and donuts.

### NEW HOPE BAPTIST CHURCH

#### OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

### NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. [www.newhopefortmyers.org](http://www.newhopefortmyers.org).

### PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. [www.peacecommunitychurch.com](http://www.peacecommunitychurch.com).

### PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, [www.peaceftmyers.com](http://www.peaceftmyers.com), [peace@peaceftmyers.com](mailto:peace@peaceftmyers.com).

### REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.

### RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

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### SAINT COLUMBKILLE

#### CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973. Father Lorenzo Gonzalez. Monday 6:30 p.m., Tuesday through Saturday 8 a.m. Saturday 4 p.m.; Sunday 8, 10 a.m. and 5:30 p.m. Reconciliation Saturday 9 a.m. or by appointment.

### ST. FRANCIS XAVIER

#### CATHOLIC CHURCH

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

### SAINT JOHN THE APOSTLE

#### METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

### SAINT MICHAEL LUTHERAN

#### CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

### SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort Myers Beach, 463-4251, [www.stpeterfmb.com](http://www.stpeterfmb.com).

Sunday worship service at 9:30 a.m.

### SAINT NICHOLAS MONASTERY

Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. [www.saintnicholasmonastery.org](http://www.saintnicholasmonastery.org).

### ST. VINCENT DE PAUL

#### CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

### SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

### TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers. 433-0018, [www.templebethel.com](http://www.templebethel.com). Rabbi Barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

### TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. [www.tjswfl.org](http://www.tjswfl.org).

### THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

### UNITARIAN UNIVERSALIST

#### CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. [www.uucfm.org](http://www.uucfm.org).

### UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

### UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, [www.unityoffortmyers.org](http://www.unityoffortmyers.org). Our God is Love, Our Race is Human, Our Religion is Oneness

### WESTMINSTER PRESBYTERIAN

#### CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. [www.westminsterfortmyers.org](http://www.westminsterfortmyers.org)

### WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

### ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Educational Hour. [www.zionfm.org](http://www.zionfm.org)✪



## Conservancy To Offer Kids Free Saturdays In July And August



Kids will be admitted free at the Conservancy on Saturdays in July and August

The Conservancy of Southwest Florida will offer free admission for children every Saturday during the months of July and August 2016. As part of the Conservancy's commitment to connecting children with nature this summer, the Conservancy is offering up to four kids free with a paid adult ticket at \$12.95.

Visitors can travel around the Conservancy of Southwest Florida as they play games, create crafts and get up close with animals while learning about Southwest Florida's environments and wildlife. Over the course of eight Saturdays, children can earn "Conservancy Explorer" pins to add to their "Junior Naturalist" sash.

"It's important for children, as well as adults, to learn what we can all do to protect these species and their habitats," said Rob Moher, Conservancy of



The Conservancy connects kids with nature

Southwest Florida president and CEO. "For parents looking for a fun and educational way for kids to spend time over the summer, the Conservancy of Southwest Florida offers an inexpensive opportunity to connect kids with nature."

Visitors can explore the interactive Dalton Discovery Center, which features the wondrous ecosystems of Southwest Florida. They can discover live animals, get hands-on in the touch tank, and see Luna, the loggerhead sea turtle, in the 5,000-gallon aquarium.

The von Arx Wildlife Hospital treats more than 3,200 injured, sick and orphaned native animals each year. Discover threats facing our animals and injury prevention tips. Guided tours of the Wildlife Hospital Nursery Viewing Window are offered every day at 11 a.m. and 2 p.m. Guests can walk through the hospital exhibits and check out a behind-the-scenes film, patient X-rays, animal artifacts and the Jr. Vet Lab.

The Junior Vet Lab is an interactive play space where children can learn how veterinarians care for animals, and the children can role-play with native animals (of the "stuffed" species). The Junior Vet Lab is open Mondays through Saturdays from 9:30 a.m. to 4:30 p.m. in the Nature Center's Sapakie Family Classroom.

All Conservancy Nature Center programs and events are online at [Conservancy.org/Nature-Center](http://Conservancy.org/Nature-Center). Membership is available online at [Conservancy.org/Join](http://Conservancy.org/Join). For information about the Conservancy of Southwest Florida and to make reservations, call 239-262-0304 or visit [www.Conservancy.org](http://www.Conservancy.org). The Conservancy of Southwest Florida is located at 1495 Smith Preserve Way in Naples.\*



A Conservancy employee shows a group of kids a live animal

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# Small Baits For Big Action



by Capt. Matt Mitchell

**F**ourth of July weekend is one of my least favorite times all year to be out on the water due to the amount of boat traffic. Like most holiday weekends, it seems like the time when people

who usually never use their boats, choose to go out. After being able to enjoy our quiet waterways, having it all to ourselves for more than a month, or at least since Memorial Day, it's always a busy time but by mid-week, things will be back to normal.

With our water quality issue all over the news again, the usually busy holiday weekend might play out a little differently this year. Although the brown water in the middle to southern sound has not noticeably affected the fishing, it's certainly not pretty to look at. Once you get north of Redfish Pass, there is a huge difference in how clear the water looks.



Peter Drew with a slot sized summertime redfish

During the incoming tide, the passes are almost too clear, then during the outgoing tide, they get dirty and the fish feed better.

Snook fishing in the passes remained strong all week with the best bite coming during the outgoing tide while drifting live baits along the bottom. With so many little shiners now around, the fish seemed to be more "dialed in" on these smaller bait offerings than the usual pinfish and grunts. Fishing with these smaller shiners really increases the variety of species caught, which has included lane snapper, redfish and mangrove snapper.

Out along the beaches, tarpon continue to be extremely finicky, with very few hook-ups reported for how

many fish are around. Anglers had better luck soaking cut baits in the sound, and although this method is productive, it's not as visual as pitching live baits to the rolling fish out on the beach. Natural channels south of Cabbage Key and on the eastern side of the sound around Bird Key were good places to do some soaking to hook a tarpon. These same areas in the sound were loaded with sharks of all sizes and varieties.

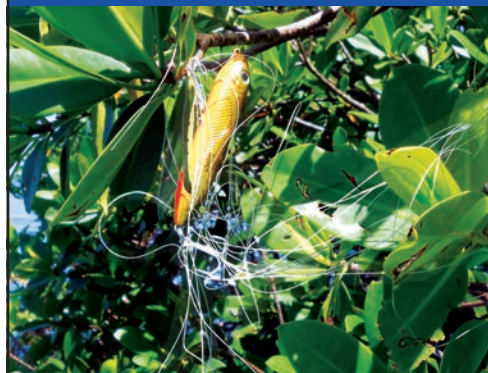
Big high tides proved to be a good set-up for redfish too this week. With our water temperature so hot, cut bait and frozen jumbo shrimp fished up in the shade of mangroves were the most effective way. Mangrove islands in the northern sound where much more productive than at the southern end of the sound. Pick a mangrove shoreline and if you don't have a hook-up within about 10 minutes, keep moving. If you put your time in, there are some quality redfish to be had.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).✪

## Send Us Your Fish Tales

**T**he River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Email [press@riverweekly.com](mailto:press@riverweekly.com); or call 395-1213.

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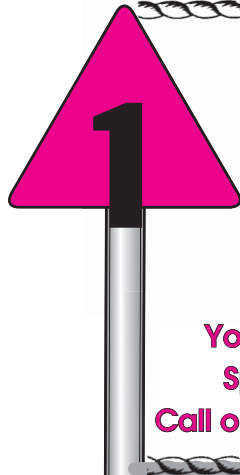
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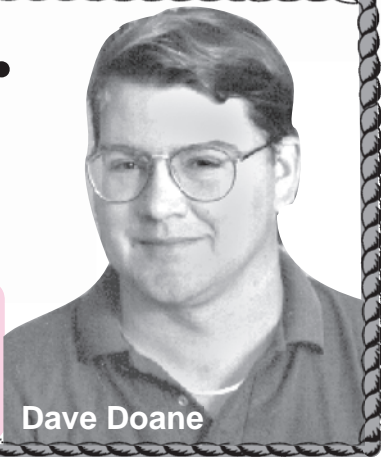
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## Pure Florida Offers Marine Science Kids Cruise July 30



Pure Florida's next Marine Science Kids Cruise will take place on July 30

Pure Florida's Fort Myers location will offer a Marine Science Kids Cruise on Saturday, July 30 from 10 to 11:30 a.m. The Marine Science Kids Cruises are free to children with paid adult admission as part of Pure Florida's Kids Cruise Free Saturdays at 10 a.m. program.

Children will cruise along the Caloosahatchee aboard the *M/V Edison Explorer*, collect water and perform water quality experiments to test the levels of nitrates, phosphates, ammonia, pH and salinity. Pure Florida's Pure Education team will work alongside students as they record their results and explain the importance of each element in its relation to the health of the waterways and the marine wildlife that inhabit Southwest Florida estuaries and rely on healthy water.

The Marine Science Kids Cruise is an excellent way for children to get hands-on right in their environment to learn the history of Southwest Florida waterways and best practices for clean water preservation. Children and their families can enjoy sightseeing along the Caloosahatchee at the conclusion of the science portion of the cruise. While Pure Florida cannot guarantee animal sightings in the wild, potential wildlife sightings include dolphins, eagles, manatee, native birds and more.

Reservations can be made by contacting the Fort Myers reservation office at 919-2965. Admission is \$32 for adults, with free child admission with every paid adult. Additional child admission is \$16. The *M/V Edison Explorer* departs from The Marina at Edison Ford, located at 2360 W. First Street in Fort Myers. For more information, visit [www.PureFL.com](http://www.PureFL.com).✱



Youngster during a previous cruise



Kids on a Pure Florida excursion

## Author To Speak At Genealogical Society Picnic

Robert N. Macomber, an award-winning writer, internationally acclaimed lecturer and an accomplished seaman, will be the featured speaker at the Lee County Genealogical Society Potluck Picnic at Cypress Lake Presbyterian Church Fellowship Hall on Thursday, July 21. Doors open at 11 a.m and the picnic buffet begins at 11:30 a.m., followed by the program.

Raised in Lee County, Macomber is a Florida success story, and his work is admired around the world. He is best known for his honor series novels on the life and naval career of U.S. naval officer Peter Wake, from the Civil War in Florida to the Great White Fleet in 1908. From Key West to Pensacola, Florida to Washington, DC to French Indo-China, South America and Europe, Wake lived an interesting life as the world around him changed from day to day.

Macomber will speak about how he plans his research for his books, which will be available for sale both before and after the program.

Registration is required for attendance. Visit [www.lcgsfl.org](http://www.lcgsfl.org) under calendar of events to download a registration form.

Cypress Lake Presbyterian Church is located at 8260 Cypress Lake Drive in Fort Myers

For more information, call 246-5185.✱



Robert N. Macomber

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## Plant Smart

## Coffee Colubrina

by Gerri Reaves

Coffee colubrina (*Colubrina arborescens*) is a small native tree or large shrub and a member of the buckthorn family.

It is listed as endangered in the State of Florida, meaning that it is in imminent danger of extinction if its decline continues.

Other common names include greenheart, wild coffee, soaptree and snakebark, because of its flaky bark.

Birds such as warblers, gnatcatchers, vireos and flycatchers eat the tree's small round blackish fruit, and bees are attracted to the flowers' plentiful nectar and pollen.

Its natural habitat is rockland hammocks and pine rocklands.

This fast-grower can be single- or multi-trunked, with dense foliage and a broad crown. Usually growing 10 to 25 feet high, it can be used as an accent, buffer, or small shade tree.

The shiny ovate leaves are leathery in texture and two to four inches long with prominent yellow veins.

Rust-colored velvety hairs appear on the twigs and undersides of the leaves.

Fragrant star-shaped inconspicuous greenish yellow flowers appear in the leaf axils throughout the year.

The fallen sepals leave a ring-like scar that encircles the immature fruit capsules. Upon opening, the fruit flings the three seeds, which are easily propagated.

The inner bark color ranges from pinkish to brown.

This tree is hard, pest-resistant, and practically maintenance-free. Although it can survive in nutrient-poor soil, it needs some organic content.

It is highly drought tolerant, but has only average salt tolerance and will not tolerate extended inundation with salt or brackish water.

Plant coffee colubrina in full sun or partial shade in well-drained, preferably limestone or calcareous, sandy soil.

The plant has several medicinal uses and the hard heavy wood has been used for a variety of purposes, from fences to marine pilings.

The shiny seeds have been used in jewelry-making.

Sources: *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Shrubs and Woody Vines of Florida* by Gil Nelson, edis.ifas.ufl.edu, floridaplants.com, regionalconservation.org, and worldagroforestry.org.

*Plant Smart explores the diverse flora of South Florida.*✱



Endangered coffee colubrina's fruit is sought after by birds, and honeybees are so attracted to the nectar and pollen that the tree is considered a honey plant

photo by Gerri Reaves

## Hurricane Preparedness Seminar Planned

On Tuesday, July 12 at 10 a.m., the Edison & Ford Winter Estates will host a hurricane preparedness seminar including a presentation from Lee County Emergency Management and guest speakers from Edison Ford staff and WINK News meteorologist Mary Mays.

This in-depth lecture will include information on how to plan and prepare for hurricane season, the special needs program, volunteering

with emergency management, family emergency plans, evacuation routes, public shelters, emergency supply kits, evacuation zones, and what resources are available during a disaster.

The seminar is open to the public and part of an ongoing monthly series of lectures and programs designed to engage both Lee County residents and visitors.

The seminar is free and will be held in the lecture hall of the South Florida Water Management building, located at the corner of Larchmont Avenue and McGregor Boulevard.

For more information, call 334-7419 or visit [www.edisonfordwinterestates.org](http://www.edisonfordwinterestates.org).✱

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## Photographer Gains National Recognition

Dr. Howard Sheridan, a founder of Edison National Bank and chairman of its holding company, Edison Bancshares, Inc., received recognition in *Nature's Best Photography* magazine for his photo submission



Dr. Howard Sheridan



*Foxes with Ground Squirrel* received honorable mention



*Moose with Calf* earned honorable mention



*Fisherman in the Mist*

to the 2015 Yellowstone Forever photography competition.

His photograph, *Fisherman in the Mist*, is featured in the 2016 Spring/Summer edition of *Nature's Best Photography*, an award-winning magazine that showcases nature as recorded by the world's leading professional photographers, naturalists, adventurers, as well as new, emerging photographers. The 2015 Yellowstone Forever photography competition was presented by the magazine and the Yellowstone Park Foundation. The inaugural competition invited photographers to submit a portfolio of photographs, and 9,000 submitted photos. Two of Dr. Sheridan's other photos received honorable mention in

photos courtesy of Edison National Bank

the contest.

This is not the first photographic award for Sheridan. His photos have been published in *National Geographic*, *Alaska*, *Island Scene*, *National Wildlife* and *Montana* magazines as well as in several children's books.

Dr. Sheridan is a founder and retired CEO of Radiology Regional Center and a co-founder and former chairman of the board of 21st Century Oncology. He currently serves as chairman of the Tulane University Medical School board of governors and is a co-founder and vice president of 21st Century CARE, a nonprofit charity that assists cancer patients and promotes cancer research and education.\*

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## CROW Case Of The Week:

## Grey Fox



by Bob Petcher

The grey fox (*Urocyon cinereo-argenteus*) or gray fox, if you wish, is a nocturnal animal that usually hunts alone. Interestingly, if the omnivore were to travel with a group of foxes,

pregnancy gestation period (the carrying of an embryo or fetus) lasts approximately 53 days. Grey fox litters can range from one kit to seven. Those offspring are allowed to begin their hunting life with their parents at roughly age three months. When they reach four months old, the juvenile red fox usually have its full set of permanent teeth and is able to search for food on its own. Typically, juveniles do not leave the "collective nest" until autumn, when they tend to reach sexual maturity at around 10 months of age. From that point going forward, they break away and are on their own.

The grey fox is the only carnivorous mammal of the family *Canids* that can climb trees. Strong, hooked claws enable it to climb and search for prey, sleep or to escape from predators.

Greys ranges from southern Canada throughout most of the United States and into Mexico, Central America and parts of South America.

On average, the grey fox weighs about four to five pounds and stands 12 to 15 inches tall at the shoulder.

At CROW, a juvenile grey fox was brought in after it was caught inside a raccoon trap in Lehigh Acres. The young female arrived stressed and dehydrated, but uninjured due to the design of the cage for capture only. She was noted to be quiet, alert and responsive. Her weight was recorded to be 3.13 pounds.

CROW officials decided to limit staff interaction with the patient due to her stress level. She was said to shy away

that animal pack would be called an "earth."

When it does hunt, the grey fox preys on rabbits – specifically, the eastern cottontail – small rodents and birds. It also enjoys all types of fruit, known as an important element of its diet, as well as more vegetable matter than its cousin, the red fox.

What differentiates the grey fox species from the red fox is coat color. While both have red and grey colors, the grey fox is silver-gray on its back and face, reddish on its legs and chest and white on its throat, mid-belly and the insides of its legs. The grey fox also has a long bushy tail with a black tip and black stripe along the top. There is also a thin black stripe that runs from the outside corner of each eye to the sides of its' head.

The grey fox is a monogamous animal, enjoying only one mate during its breeding cycle. The female's



Patient #16-1895 approaches his food after hiding underneath a log

or run and hide under a log each time wildlife rehabbers approached the cage for feedings. She was also noted to be eating well, while enjoying a diet of mice and fish.

After receiving nearly one month of supportive care and nutritional support, the juvenile grey fox was determined to be healthy enough for release. Last Thursday, volunteers dropped off the grey fox in Labelle, and she scampered off to live freely. Visit <http://bit.ly/29iSA6E> to view a YouTube video of her release.

"This fox was very lucky. Most raccoon traps are designed to catch raccoons in a humane manner so there

was no damage aside from the expected mild dehydration and stress," said Dr. Alison Daugherty, CROW DVM intern. "It's a nice feeling knowing when some patients arrive all they will need is supportive care until they are released in a timely manner."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).\*

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## Little League President Named Volunteer Of The Year



**Donny Overholser**

Long-time Fort Myers American Little League President Donny Overholser has been named 2016 Little League International Volunteer of the Year Award by Little League International.

Overholser, 63, has volunteered with Fort Myers American Little League (FMALL) since relocating to Fort Myers from his native Apopka, Florida hometown at the age of 17. Overholser played centerfield on Little League minors and majors teams – and it became a lifelong passion. He has served on the FMALL board since 1974, and as board president for 25 years.

Overholser and a guest have been invited to an all-expense-paid trip to attend the 2016 Little League Baseball World Series Championships in South Williamsport, Pennsylvania the weekend of August 18.

"I'm real excited to go up there," said Overholser, who has never attended the World Series Championships in his 50-plus years of involvement. "I'm just looking forward to the experience, period. It was something I thought I would do sooner or later... but after a while, you realize that it takes a lot to get there."

Decades ago, Overholser nominated Sam Fleishman, who became one of the first recipients of the International Little League Volunteer of the Year Award, who worked tirelessly to establish FMALL 60 years ago. The Sam Fleishman Regional Sports Complex in Fort Myers is named in his honor.

FMALL is the oldest league in Southwest Florida. It is part of District 9, which covers Charlotte and Lee counties. ✨



**Kristin Vollmer, the new principal at Harlem Heights Community School**

## New Principal At Harlem Heights

Kristin Vollmer has been named principal of Lee County's newest tuition-free public charter school. The Harlem Heights Community Charter School, located at The Heights Center, 15570 Hagie Drive in Fort Myers, will serve kids kindergarten through third grade beginning in August.

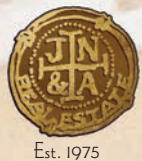
Vollmer has more than 18 years of experience in education. She holds a bachelor's of science

degree in Behavioral Science with an endorsement in Early Childhood Education and a master's of arts degree in Educational Leadership with a charter school emphasis. She was a kindergarten and first grade teacher before becoming a charter school administrator.

"Kristin opened a successful K-12 charter school in Colorado prior to coming to Southwest Florida," said Dr. Debra Mathinos, Director of Lifelong Learning at The Heights Center. "She has experience with small group instruction, intervention and staff development, which make her a great fit for our school focus of individualized instruction."

According to The Florida Department of Education, charter schools are among the fastest growing school choice options in Florida. Charter schools are largely free to innovate, and often provide more effective programs and choice to diverse groups of students. More than 650 charter school are available in Florida and student enrollment is nearly 270,000.

The Harlem Heights Community Charter School will welcome its first classes of kindergarten and first grade on August 10. Enrollment opportunities are available. For more information, contact Debra Mathinos at 482-7706 or by email [debra@heightsfoundation.org](mailto:debra@heightsfoundation.org). ✨



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# A Look At The Twins And Red Sox At Mid-Season: Disastrous For The Twins, Playoff Possibilities For The Red Sox



by Ed Frank

As the 2016 Major League Baseball season nears the halfway mark and the All-Star break, it's time to ponder the outlook for the Boston Red Sox and the Minnesota Twins, which we call "home town" teams through their decades-long spring training here.

Disappointing – no, downright disastrous – is the best way to describe the Twins current season. And for the Red Sox, a team atop the American League's Eastern Division just a month ago, a June swoon found them five games behind first-place Baltimore entering the July 4th weekend. For the Month of June, they were 11-17.

First to the Twins, a team a year ago that fought for postseason play until the last weekend of the season, this year has the worst record in all of baseball. When the holiday weekend began, Minnesota was 25-53 (.321), a staggering 23 games behind first-place Cleveland in the AL Central.

You don't have to be a genius to figure out the demise of the Twins. Two basic statistics tells it all. Their pitching is the worst in the American League with a 5.18 ERA (29th among all 30 Major League teams).

And their team hitting at an anemic .245 ranks 27th of 30 clubs.

Having completely dominating the Chicago White Sox a year ago, the Twins are 1-8 this year, having lost two of three to the ChiSox last week.

Twins General Manager Terry Ryan said recently that his downtrodden team would be an active team as the July 31 trading deadline approaches. We wonder if that means dumping some of his veteran players to playoff contending teams?

## Airport Traffic

During May, 606,833 passengers traveled through Southwest Florida International Airport, an increase of 0.6 percent compared to May 2015. Year-to-date, passenger traffic is up 5.4 percent from the same period last year.

The traffic leader in May was Delta Air Lines with 158,160 passengers traveling to and from Fort Myers. Rounding out the top five airlines were Southwest (139,150), American (101,458), JetBlue (77,417) and United (46,472).

Southwest Florida International Airport had 5,707 aircraft movements (takeoffs and landings), a decrease of 6.6 percent compared to May 2015. Page Field saw 9,421 movements, an 11.5 percent increase from May 2015.

Southwest Florida International Airport served nearly 8.4 million passengers in 2015 and is one of the top 50 U.S. airports for passenger traffic. No ad valorem (property) taxes are used for airport operation or construction.

For more information, visit [www.flylcpa.com](http://www.flylcpa.com) or [www.facebook.com/flyRSW](http://www.facebook.com/flyRSW).\*

Names such as third baseman Trevor Plouffe, catcher Kurt Suzuki, second baseman Brian Dozier, infielder Eduardo Nunez and pitcher Ervin Santana were named in a recent article in the *Minnesota Star-Tribune* as trading bloc possibilities.

As for the Red Sox, they began the Fourth of July weekend having lost seven of their last 10 games, but were still six games above .500 at 42-36.

With half a season remaining, there is plenty of time to correct the ship and vie for postseason play. After finishing last in the AL East the past two seasons, a playoff spot in 2016 would obviously be a great improvement. Boston began July leading the American League in the wild-card chase, but three long months remain in the 2016 season.

Hitting is not Boston's problem. As of last weekend, the Red Sox had the top team batting average (.286) among all 30 teams. Shortstop Xander Bogaerts – at .342 – and future Hall of Famer David Ortiz – at .336 – were among the top 10 sluggers in the AL. Second baseman Dustin Pedroia (.304), outfielder Jackie Bradley Jr. (.294) and outfielder Mookie Betts (.287) followed.

Boston's biggest disappointment has been the performance of former All-Star pitcher David Price, whom the Red Sox acquired in the off-season, shelling out a record \$217 million over seven years.

Beginning the week, Price – having lost his last outing – had a season record of only 8-5 with a less-than-spectacular 4.74 ERA – not what you would expect from this \$217 million dollar man.

And veteran starter Clay Bucholtz was 3-9 with a high 5.91 ERA.

From this reporter's viewpoint, here's a snapshot of Boston and Minnesota at mid-season:

Twins – A season lost.

Red Sox – Still a playoff contender.\*

## SPORTS QUIZ

- Who was the first major-league rookie to have 30 or more home runs before the All-Star break?
- How many times during his 22-year major-league career did Barry Bonds have more walks than hits in a season?
- Who was the last University of Pittsburgh running back before James Conner in 2014 to get first-team All-American honors?
- Who was the last person before Golden State's Steve Kerr in 2015 to guide an All-Star team in his first NBA season of coaching?
- Which NHL team holds the record for most victories in a season?
- In 2016, Chase Elliott became the youngest NASCAR driver (20) to win the pole for the Daytona 500. Who had been the youngest?
- True or false: John McEnroe won more tennis grand slam championships in doubles than he did in singles.

## ANSWERS

1. Oakland's Mark McGwire, in 1987. 2. Six times (2001, '02, '03, '04, '06 and '07). 3. Craig "Ironhead" Heyward, in 1987. 4. Indiana's Larry Bird, in 1998. 5. The Detroit Red Wings had 62 wins in the 1995-96 season. 6. Austin Dillon was 23 when he captured the pole in 2014. 7. True -- he won seven Grand Slam singles titles, nine doubles title and one mixed doubles title.



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## Agency Elects Board Leaders



Forrest Banks

The Fort Myers Community Redevelopment Agency (CRA) board elected CRA Commissioner Forrest Banks as chairperson and CRA Commissioner Gaile Anthony as vice chairperson, effective June 29.

Banks is responsible for conducting monthly CRA meetings. Anthony will lead when Banks is absent.

Banks takes over the position from Commissioner Johnny W. Streets Jr., who served as chairperson for more than two years.✱



Gaile Anthony

## Be On The Lookout For Manatees

Following a busy Fourth of July weekend, the Save The Manatee Club is urging resident boaters and visitors to be extra vigilant on the waterways and help keep the official state marine mammal – our manatees – safe.

So far in 2016, manatee watercraft-related deaths are outpacing the previous record year, which was 2009.

“If watercraft-related manatee

mortality continues at this rate, we will exceed the 2009 record well before the end of the year,” said Dr. Katie Tripp, the club’s Director of Science and Conservation. “We need the help of the boating community to prevent this from happening.”

Examples of watercraft-related deaths for 2016 in each of Florida’s four regions are as follows:

- Southwest – In January, a female manatee was reported in the Orange River in Lee County suffering impact injuries from a watercraft strike including fractured ribs and vertebrae and torn and collapsed lungs. Her condition left her unable to eat. She may have survived up to several weeks after being struck before dying from her injuries.

- Northeast – In early May, an injured manatee was reported off the Intracoastal Waterway in Port Orange, Volusia County. The manatee had acute wounds from a propeller injury that caused fractured ribs and penetrated all the way into one of the lungs, tearing it and causing the lung to protrude from his body. The manatee died from his severe injuries before a rescue was possible.

- Southeast – In early January, a female manatee, killed by acute impact wounds inflicted by a watercraft, was recovered from Florida Bay in Tavernier, Monroe County. At the necropsy (animal autopsy), the female was found to have drowned after the strike. It was also discovered that she had been pregnant with female twins, which is a rare occurrence. The unborn calves also died.

- Northwest – A male manatee was found in the Chassahowitzka River in Homosassa in March suffering from multiple watercraft strikes, one of which was to the head. The manatee was found alive and was supported in the water by caring boaters until rescuers could arrive. He died after two days in rehabilitation due to the severity of his injuries, which included brain hemorrhage.

“We implore the boating public to be on the alert for manatees because vessel operators are the only ones who can prevent manatees from strikes that often lead to serious injury or death,” explained Tripp.

Save The Manatee Club works to safeguard manatees from watercraft collisions by producing and distributing public awareness and educational materials free to boaters, shoreline property owners, and to the general public. Florida boaters carry the club’s “Please Slow Manatees Below” waterproof banners to warn other boaters that manatees are in the area. The club’s boat console stickers and shoreline property signs both feature the Florida Fish and Wildlife Conservation Commission’s (FWC) hotline number to facilitate the rescue of an injured or orphaned manatee, or to report harassment. Call the FWC at 1-888-404-FWCC (3922) or #FWC or \*FWC on a cellular phone, or use VHF Channel 16 on a marine radio, or text or email to Tip@MyFWC.com.

For more information on manatees and the Adopt-A-Manatee program, visit [savethemanatee.org](http://savethemanatee.org).✱

## County Launches DevelopLee Initiative

Lee County continues to rank among the nation’s job growth leaders, yet several communities – including North Fort Myers, the MLK commercial corridor and Lehigh Acres – have lagged behind the ongoing economic recovery. The Horizon Council and the Lee County Economic Development Office formed the Commercial Revitalization Task Force with business and civic leaders to proactively stimulate development, promote investment, attract businesses and encourage higher wage jobs in those areas. The initiative, called “DevelopLee,” promotes the many opportunities that exist in these areas and initially focuses on promoting development and job creation.

“Lee County’s Economic Development Office has done a tremendous job identifying existing valuable resources in North Fort Myers, Lehigh and Fort Myers, and it will be great to see that information shared through DevelopLee,” said Lee County Commissioner Brian Hamman. “These areas have incredible potential and through this initiative we can hopefully highlight opportunities for people to

come in and start a business, or grow an existing one.”

To support the initiative, the Lee County Economic Development Office has added the DevelopLee project to its website ([www.leecountybusiness.com/develop-lee](http://www.leecountybusiness.com/develop-lee)) where available properties, demographics and other information on North Fort Myers, MLK corridor and Lehigh Acres can be accessed. They can also be accessed online at [www.DevelopLee.com](http://www.DevelopLee.com), [www.DevelopNFM.com](http://www.DevelopNFM.com), [www.DevelopMLK.com](http://www.DevelopMLK.com) and [www.DevelopLehigh.com](http://www.DevelopLehigh.com). DevelopLee can also be found on Facebook, Twitter and LinkedIn.

“This initiative gives us an avenue to market the opportunities that exist in North Fort Myers, MLK corridor and Lehigh Acres on the web and social media platforms,” added Dan Eveloff, Commercial Revitalization Task Force Chair.

The Lee County Economic Development Office works to attract new and diversified businesses to the area, support company growth and expansions, and improve the overall business environment in Lee County. Services include site selection assistance, demographic and statistical information, business assistance, financial assistance, employee training and recruitment and community tours.

For more information, visit [www.LeeCountyBusiness.com](http://www.LeeCountyBusiness.com) or call 533-6800.✱

## Candidates To Speak At Luncheon

Republican candidates for Lee County Commissioner will be the speakers at the regular monthly luncheon meeting of the Fort Myers Republican Women’s Club on Tuesday, July 19. Republican candidates in the contested races have been invited to participate in the forum. The candidates will present their qualifications and platforms. A question-and-answer session will follow their prepared remarks.

The public is invited to attend the luncheon and the program being held at The Helm Club, The Landings, South Fort Myers. A social hour begins at 11:15 a.m. The noon lunch will be followed by the candidate forum. The luncheon cost is \$18. Reservations are required by Thursday, July 14, and may be made by contacting Tina Laurie, 489-4701. Checks may be written to Republican candidates of choice and the club will pay for the luncheon.

Additional information about the club may be obtained by contacting the president, Carole Green, 850-590-2206.✱

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Meet our Closing Team: Nicole Naumann and Samantha Baker



# Filmmaker, Producers Host Documentary Premiere



Andrew and Merry Coffman



Barb Frederick and Libby Julian

Filmmaker John Scoular and executive producers Capt. Lance H. Julian and Capt. Harry Julian of Marine Team International hosted a premiere of the documentary *Paradise Reef* on June 20 at Silverspot Cinema at Mercato in Naples. More than 150 people attended the screening to view the new hour-long documentary film, which follows a visionary's quest to secure BP disaster funds, rally community support, and deploy 18,000 tons of concrete to create 36 artificial reefs along Florida's Paradise Coast. Attendees included, family, friends and donors as well as project supporters; Collier County Commissioner Donna Fiala, WGCU General Manager Rick Johnson, Reef Project founder Peter Flood and chair of the Economic Development Task Force Diane Flagg. The *Paradise Reef* documentary premiered to the public on June 30 via WGCU HDTV.✱



Christine, Jim and Pat Wheeler



Corinne Fredrick of McCulley Marine Services with Nancy Flood and Diane Flagg



Katie and Keith Laakkonen



Matthew Dykes and Hope Daley



Lance H. and Sharon Julian and Libby and Harry Julian



Kaytee Tuff and Robin Rosario with Diane and Mick Moore



Libby Julian and Shari Bradtmiller with Samantha and Tony Lucas



Rick Johnson of WGCU and filmmaker John Scoular



Tania Melkonian and Gavin Cresswell



## United Way Income Tax Assistance



United Way VITA tax preparers Michelle Andrews and Mary Meador working with a client

### Financial Focus

## IPO Hype Can Lead To Risky Investing



by Jennifer Basey

All investors probably wish they had gotten in on the “ground floor” of Apple or Microsoft or any other big success story. And, in fact, you can indeed “be there from the

beginning” by taking part in a company’s initial public offering (IPO). However, the ground floor of many IPOs may be shakier than you’d think – and might not provide you with the solid footing you need to invest wisely.

Of course, not all IPOs are the same. Many large, profitable companies, seeking to raise capital, have gone public in recent years through IPOs. However, IPOs of newer, unproven companies share some characteristics that should give pause to serious, long-term investors. Consider the following:

- **Hype** – Let’s face it: A big part of the appeal of IPOs is the “wow” factor. It looks really cool when the company’s CEO – or perhaps a visiting celebrity – rings the opening bell at the New York Stock Exchange. And the rush to buy shares in the now-public company always garners big headlines. Yet “hype” is just one letter removed from “hope” – and hope alone is not a good reason to invest. Furthermore, no single stock – even one that might have strong growth potential – is likely going to be the ticket to investment success.

- **Lack of track record** – By definition, newer companies that launch IPOs don’t have long track records. And while it’s true that “past performance can’t predict future results,” it’s nonetheless useful to see how a stock has performed in various

economic climates and how the company management has responded to different challenges over time.

- **Exceptional volatility** – All stocks fluctuate in value. But IPOs tend to be especially volatile – not just in their first few days of trading but also in their first few years of availability to the public.

- **Higher risk potential** – Generally, IPOs of newer companies are better suited for aggressive investors – those who can handle a higher degree of risk in exchange for potentially higher returns.

- **Nonstandard accounting** – Some IPOs, particularly Internet start-ups, use nonstandard, or “customized,” accounting measures to depict their companies in the best possible light. While these measures are not illegal – and in some cases, may even be useful in illuminating a company’s performance – they tend, overall, to make it more difficult for potential investors to accurately evaluate a business’ profitability, or at least potential profitability. At the end of the day, good old-fashioned profits and cash flow are still the key driver of companies’ stock prices.

As an alternative to pursuing an IPO, you could use any extra “investable” money you may have to fill gaps in your current portfolio, based on your goals. Or, if you are truly attracted to the type of business in which an IPO is involved, you might want to consider investing in a more established company in the same industry.

Taking part in an IPO sounds fun and exciting. But as we’ve seen, IPOs can have some serious drawbacks. And while it may not sound glamorous, a steady approach to investing – one that involves diversification, responsiveness to one’s risk tolerance and a constant focus on both short- and long-term objectives – is usually the right choice for most of us.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at [jennifer.basey@edwardjones.com](mailto:jennifer.basey@edwardjones.com).✱*

The United Way of Lee, Hendry, Glades and Okeechobee provided free tax preparation services to 3,450 individuals and families in Lee, Hendry, and Glades Counties for the 2015 tax year. Refunds to those using the free service totaled more than \$4,689,000.

United Way Volunteer Income Tax Assistance (VITA) is a free tax filing service available to individuals and families making \$60,000 or less, and is available at United Way Houses and other locations during the tax season. The purpose of the United Way VITA program is to help provide financial stability for working families. 80 volunteer tax preparers were trained and certified in partnership with the IRS. Appointments are still available to file a 2015 return at the Estero-San Carlos United Way House, LaBelle United Way House, and the Riverdale Library. Those who prefer to file on their own can do so free of charge at MyFreeTaxes.com.

“United Way VITA brought over \$4,689,000 back to people who need it and into the economy of our community. The service makes a real difference in the lives of people by helping get refunds for the taxes they have already paid, and helping them become more financially stable,” said Cliff Smith, president of the United Way. “United Way VITA preparers are trained to look for credits and deductions that are especially helpful to lower and middle income working families such as the earned income tax credit, child tax credits, and others.”

Not only does United Way VITA save the tax payer the preparation fee, but the average refund was more than \$1400 which is a substantial amount for lower to middle income working families. It can help keep working families in their homes by catching up house payments, paying medical bills, and many important uses.

The United Way will be recruiting volunteers to serve as tax preparers, greeters, and interpreters for the 2016 tax year over the next few months. Volunteers will complete free classroom and online tax preparation training and certification using the TaxSlayer software.

For more information or to make an appointment to file taxes, call United Way 211 by dialing 2-1-1 or in Hendry and Glades Counties call 800-887-9234 ext. 275. Visit [www.UnitedWayLee.org/VITA](http://www.UnitedWayLee.org/VITA) for more details.✱

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Book Review

Our Souls At Night



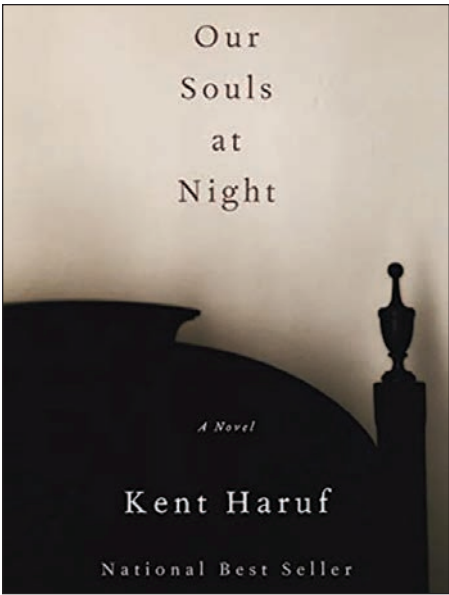
by Di Saggau

Kent Haruf’s final novel, he died last November, is again set in the fictional town of Holt, Colorado. It opens with a simple sentence: “And then there was the day when Addie

Moore made a call on Louis Waters.” Both lost their spouses years ago and, living in a small town, they naturally have known of each other for decades. Addie was quite fond of Louis’s wife. They have long been living alone in houses now empty of family with lonely nights and no one to talk with.

Neither has reason to expect their remaining years will offer more than what now exists. Not until Addie pays Louis a visit that one evening. She makes the surprising proposal that they start sleeping together, without sex, just to talk in the dark and provide the comfort of physical company. It’s an odd premise, but it’s what Addie wants and eventually Louis agrees.

Readers get to watch them night by night, pass through phases of awkwardness, intimacy and friendship. Of course the town folks gossip, Louis’s daughter complains, but why should



they care? They share their pasts with each other and are determined to make one last attempt at happiness even at the risk of scandalizing their adult children and town busybodies. “I made up my mind I’m not going to pay attention to what people think,” Addie says. “I’ve done that too long, all my life, I’m not going to live that way anymore.”

The chief opposition this couple faces comes less from their own physical limits than from the interference around them. Addie’s own son is motivated by fear and greed. The arrival of Addie’s 6-year-old grandson,

sent while his parents work out a separation, complicates things. Louis proves to be a great help to the shaken boy and watches over him, but it’s not appreciated by his father.

What older folks are allowed to expect from their lives is the central theme of this book. Addie is tired of her isolated life and long nights, and she has no intention of checking out early. Watching Addie and Louis enter into a relationship is utterly charming. They aren’t sure about what to expect from each other, but they possess the wisdom and kindness of living long lives. There are sweet moments of humor in the poignancy of the stories they tell each other every night. With *Our Souls at Night*, Haruf proves once again that simple elements carry depth, and readers will find much to be grateful for.✱

Community Cooperative Expands Services

Community Cooperative will be increasing the delivery of Meals On Wheels from five to six days per week beginning on Saturday, August 6. Thirty-five additional Saturday morning drivers and backup drivers will be needed. In addition to our Monday through Saturday 6 to 9 a.m. and 9 a.m. to 1 p.m. volunteer

shifts, a third volunteer shift during the week is also being added from noon to 4 p.m. Monday through Friday to allow more food prep time for the Growing Healthy Kids: School Lunch program and alleviate pressures on morning shift kitchen staff and volunteers.

“Meals On Wheels is an extremely important part of our mission and to senior citizens in our community. Many are homebound and have no other way to access fresh and healthy meals,” said Tracey Galloway, CEO of Community Cooperative. “Volunteers play a key piece in making this possible. We are so excited to be one step closer to our goal of ensuring that no one in our community goes hungry.”

Meals On Wheels delivery routes begin at 9:30 a.m. and take approximately one to two hours to complete. Multiple routes throughout Lee County with convenient pick-up locations are available. Saturday transport drivers will be needed from 8:30 to 9:30 a.m. to pick up meals from Community Cooperative’s Fort Myers location and bring to set drop-off locations.

If you are interested in becoming a permanent or back-up driver on Saturdays beginning on Saturday, August 6, or for more information, contact Jennifer Larsen at 337-1055 or visit [www.CommunityCooperative.com](http://www.CommunityCooperative.com).✱

School Smart



by Shelley M. Gregg, NCSP

Dear Shelley, My son just completed his Kindergarten year and did very well academically. Socially, however, he seems awkward, and I

am concerned. His teacher said that my son has issues with personal space sometimes. Is there anything I can practice with him over the summer to help him understand this concept?

Ana B., Sanibel, FL  
Ana,

Personal space refers to the physical space around our bodies that we like to keep free; we tend to only let close family, friends and pets enter our personal space. When anyone else enters, people feel uncomfortable and possibly threatened, so we tend to move or back away to increase the distance. Personal space needs depend on the individual’s own needs and cultural background. Generally speaking, most people are comfortable with a radius of 1.5 feet surrounding them but again it is dependent on personal and cultural norms.

It may be that your son does not need as much space as others to feel

comfortable and has not been able to regulate his own behavior in relation to his peers. This is quite understandable for a young child but you do need to work with him on this concept so it doesn’t interfere with his social growth. Below are several ways that you and he can practice this concept.

One way to help establish the distinction between personal and general space is to have your son stand with his arms extended out to his sides and turn around in a circle while you explain that this is this personal space. Tell him that it’s a special space that gives people room to move around without bumping into other people’s space.

To demonstrate this idea, use the bubble activity. Ask your son to pretend to blow up a large bubble and then get inside of it. The bubble represents his personal space, and he cannot touch anyone or anything while he is in his bubble, or else his bubble will burst. Have him walk around family members to practice moving around in his bubble so he gets a sense of it.

Another way to help your son understand this concept is to write a social story for him. Social stories, created by Carol Gray in 1991, were originally intended to assist children with autism and have been found to be inherently helpful to all children. Children often have trouble understanding the perspective of others, and a social story allows

children to be exposed to how another friend might feel, think or react in different situations. Social stories are written in a very exact and specific format that describes a complete event or interaction so that children are introduced to who or what is involved and what may happen. There are many social stories available for free on the Internet that you could use.

With some discussion and practice, your son should be able to understand and master the concept of personal space so it does not interfere with his social behaviors.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.✱

Free Autism Screening For Young Children

Golisano Children’s Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities® of

Southwest Florida, offers a free monthly autism spectrum disorder screening for toddlers 18 months to age 5.

The next screening on the Ronald McDonald Care Mobile will be held on Friday, July 15 from 9:30 a.m. to 2 p.m. at the Imaginarium, 2000 Cranford Avenue in Fort Myers.

It is estimated that one in every 68 children is diagnosed with some form of autism spectrum disorder, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make an immense difference not just in the development of the child, but in their families as well.

The ASD screening is conducted by the Golisano Children’s Hospital of Southwest Florida. The screenings are administered by an advanced registered nurse practitioner, who has extensive training and experience in typical child development and developmental disorders.

A physician referral is not required. To schedule a screening, call 343-6838.

For more information, to donate or to volunteer, visit [www.rmhcswfl.org](http://www.rmhcswfl.org) or call Ronald McDonald House Charities of SWFL at 437-0202.✱



## Christy's Cause Receives Grant



Christy Ivie, founder Of Christy's Cause

Christy's Cause, a non-profit working to eradicate child sex trafficking through education, public awareness, restoration projects, and justice initiatives, has received a \$3,000 grant from the Manning Family Trust Fund, a fund of the Southwest Florida Community Foundation, to air their public service announcement (PSA). The goal of the PSA is to bring awareness to the epidemic of child sex trafficking in Southwest Florida and to direct viewers to The National Human

Trafficking Hotline to report suspected child sex trafficking.

"Because of the generosity of the Manning Family Trust Fund and the support of the Southwest Florida Community Foundation, we are airing our PSA 83 times through June on television stations targeting teens and their parents," said Christy Ivie, founder of Christy's Cause. "This will bring awareness to the horrific crime of child sex trafficking and reach vulnerable teens to let them know how to get help. This came at a critical time as school lets out for the summer – leaving teens more susceptible. As many as one in three runaways are lured or forced into sex trafficking within 48 hours of running away."

According to the Federal Bureau of Investigation, human sex trafficking is the most common form of modern-day slavery. Estimates place the number of its domestic and international victims in the millions, mostly females and children enslaved in the commercial sex industry for little or no money. Florida is the third-highest rate of sex trafficking in the United States, according to the Department of Justice.

To report information or suspicious activity call The National Human Trafficking Hotline at 1-888-373-7888 or text "info" or "help" to 233733. The toll-free hotline is available to answer calls from anywhere in the country, 24 hours a day, seven days a week, every day of the year in more than 200 languages.

For more information about Christy's Cause, visit [www.ChristysCause.com](http://www.ChristysCause.com), email [info@christyscause.com](mailto:info@christyscause.com) or follow Christy's Cause on Facebook, Twitter or Instagram. ✨

## LGBT Support Group Offered

Hope HealthCare Services is offering a weekly lesbian, gay, bisexual and transgender grief support group at noon on Wednesdays at its community center, located at 13821 N. Cleveland Avenue in North Fort Myers.

Open to the community at no cost, the LGBT grief support group provides an opportunity to discuss feelings of

loss and learn from the experiences of others. To attend, call Tricia Betters-Black, LCSW, ACHP-SW, at 985-2485.

With generous community support, Hope is able to offer additional grief counseling programs including support for adults, teens and children, bereaved mothers, and those who have experienced the suicide of a loved one, as well as crisis support for community schools and businesses. Call 482-4673 to learn more or visit [www.HopeHCS.org/counseling](http://www.HopeHCS.org/counseling). ✨

## Employment Law Discussion July 27

The Tiger Bay Club of Southwest Florida will welcome Christina Harris Schwinn, partner at Pavese Law Firm, and Scott Hill, U.S. Department of Labor, to their luncheon on Wednesday, July 27 at Harborside Event Center, located at 1375 Monroe Street in Fort Myers.

The luncheon's topic is DOL Final Rule Minimum Salary Requirements for Exempt Employees: What Employers Need To Know. Registration begins at 11:30 a.m. and the program begins at noon.

Schwinn and Hill will discuss the

new overtime and minimum salary rules for exempt employees under the Fair Labor Standards Act. They will also address the effective date, strategies for implementing the new rule and time record keeping responsibilities as well as highlight there is more to exempt status than the minimum salary requirements. The minimum salary for exempt employees increases from \$23,660 to \$47,467 later this year.

Registration to attend the meeting is \$35 for members and guests, and \$45 for non-members. For additional information or to register, visit [swfltigerbay.org](http://swfltigerbay.org). ✨

## FPL Reveals Storm Hardening Plan

Florida Power & Light Company (FPL) outlined its electric system upgrades in the Fort Myers area, as part of the company's overall 2016-2018 storm hardening plan.

The enhancements, which have helped FPL achieve the best system reliability in Florida and 50 percent better than the national average, will position the company to deliver even greater reliable electric service for customers year-round.

"Our three-year storm hardening plan will help us deliver reliable service to our customers in Fort Myers thanks to a more resilient energy grid," said Eric Silagy, president and CEO of FPL. "Our customers are already seeing the benefits of strengthened power lines, with hardened lines showing on average a 40 percent improvement in everyday performance. Through a number of new projects in the area, we will deliver even better service they can count on in good weather and bad."

Improvements within the statewide plan include the completion of hardening main (feeder) power lines serving critical community facilities, upgrading the main power lines across FPL's service area, initiating upgrades of smaller neighborhood (lateral) power lines and continuing to replace wooden transmission line structures with steel and concrete towers. FPL will also continue to deploy tens of thousands of intelligent

devices and smart switches – in addition to the 36,000 installed to-date – to help detect and predict problems and restore service faster when outages occur.

### 2016 Improvements In The Fort Myers Area

This year's investment includes upgrades to two main power lines serving key facilities in the area. The projects strengthen the electric system to better withstand major storms and allow for faster service restoration following power outages. The work consists of installing stronger power poles – including, in some projects, concrete poles designed to withstand wind gusts of up to 130 mph.

"FPL is continuing to invest in building a stronger and smarter grid that our customers in the Fort Myers area can count on year-round," said Manny Miranda, senior vice president of Power Delivery for FPL. "For example, we're upgrading the system supplying energy to Southwest Florida International Airport (Lee County Port Authority). This not only allows us to restore power to our customers faster, but it aids in getting life back to normal quicker when customers need us the most."

FPL will also install one automated switch on a main power line and three automated switches on smaller power lines serving neighborhoods and subdivisions. The automated devices detect and prevent potential problems along the energy grid, as well as restore and reroute power, when necessary, to reduce the number of customers affected by an outage. ✨

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## Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*



dearRPharmacist

## Five Lessons Learned From Old People



by Suzy Cohen, RPh

**D**ear Readers: I used to work in nursing homes where mostly old people live, or those who are very sick or terminal. I had a special practitioner license and served as the Consultant

Pharmacist of Record for about 11 nursing homes across Florida. Part of my job was to write monthly medical orders to the physicians to discontinue prescribed medications and lower dosages all with one goal: Make the resident (the patient) feel their best. Some things stuck with me and now I will share:

- I learned not to assume – Some old people smiled at me, and some cried a lot. You might assume the smiley ones had less depression and pain, while the crying folks were the sad, depressed ones. Never assume. The smiley people may just be pushing harder, and those who are crying may be in horrific pain (not depressed). Crying is sometimes the only way you can speak when your

mouth can't explain how desperate you are in your body.

- I learned to send "love" in the mail – I noticed that people who had friends or family visit them during the week required less medicine (and lower doses) than those residents who spent every day alone. If you can't be physically present, then mail something. I have often been miles apart from my children and elderly parents, but to this day I still send little gifts or cards in the mail reminding them that I love them even though we are far apart.

- I learned respect and compassion – The elderly have lost control of many things including their bladder function, their ability to walk, their home, car, their vision, their children and sometimes their mind. We need to remember that every time an old person is on our way, walking to slow, taking too long... you know once upon a time they were just like you. They had it all, they were happy, on top of the world and excited about tomorrow. People used to ask for their advice, now they are invisible. I always show respect and compassion.

- I learned to say yes – Saying no to things is easy because there's always tomorrow. Is there? After working in facilities and seeing some people (even young ones who were there due to accidents) I learned that life is short, you do not have forever. Stop waiting for a better time or 20 years will fly by. Say yes and do it. Live your life before your life is lived.

- I learned how little things make

people happy – Like painting their nails in the activity room, giving them \$5 to spend, or brushing their hair or... holding their hand and telling them everything's gonna be alright (even on their deathbed as they were nearing their last breath). Show up with love in your heart and even if you're just sitting there to keep them company, do it with full attention. Stay home if you can't come to them with a happy heart. They feel you... don't ask me how I know.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*✱

## Bikers For Babies Kicks Off With July 14 Rally

The 16th annual Bikers For Babies fundraiser, the single largest fundraiser hosted by the March of Dimes to be held in November, will launch with a Kick Off Rally at Six Bends Harley-Davidson on Thursday, July 14 from 5:30 to 7 p.m.

Bikers For Babies plays a critical role in supporting research and medical services aimed at decreasing premature birth and infant health. Taking place from November 4 to 6, Bikers For Babies weekend will include variety of

family-friendly events, culminating with the largest and longest police-escorted motorcycle ride in the country for March of Dimes. This year's fundraiser aims to raise \$200,000 to reduce the number of babies born prematurely.

The Bikers for Babies Kick Off Rally, held at Six Bends Harley-Davidson at 9501 Thunder Road, will include opportunities to meet and network with various sponsors, donors, riders and other supporters. Individual and team fundraisers will be given the tools they'll need to be successful, and motorcycle riders will have the chance to register first for the Naples to Fort Myers ride. Complementary food will be provided by Longhorn Steakhouse.

Attendees should RSVP online by July 10 at [www.bit.ly/BikersForBabiesKickoff](http://www.bit.ly/BikersForBabiesKickoff). For more details, contact Trent Howe at [THowe@MarchofDimes.org](mailto:THowe@MarchofDimes.org).

Bikers For Babies is presented by LeeSar. Additional sponsors include Six Bends Harley-Davidson, Naples Harley-Davidson, Arthrex, Enterprise Holdings, Audi of Fort Myers, Seminole Casino Hotel Immokalee, Lint Doctor, Pepsi, La Mesa RV, Suncoast Beverages, The News-Press Media Group, Star Performance Marketing, Pushing The Envelope, Inc. and iHeart Media.

Event sponsorship and vendor opportunities are available. For more information about becoming an event sponsor, visit [www.bikersforbabies.org/southwestflorida](http://www.bikersforbabies.org/southwestflorida).✱

Doctor and Dietician

## Low Carb Vs. Low Fat



by Ross Hauser, MD  
and Marion Hauser, MS, RD

Few things have been debated as much as the low carbohydrate versus the low fat diet... and the diet war rages on. Some believe that increased fat in the diet is a leading cause of all kinds of health problems, especially heart disease, and therefore commonly recommend a restriction in dietary fat. A number of studies challenge this approach, as results have shown greater weight loss and even improvements in blood triglycerides and HDL after participants follow a low-carbohydrate diet.

Often, participants in studies have additional support besides the diet changes, such as beginning an exercise program like walking 10 minutes a day

and working out up to 50 minutes a day. Other support includes education on behavioral skills such as realistic goal setting, food tracking, recovering from small weight gains and overeating, and sticking to the exercise plan.

We say there is no one-size-fits-all diet plan. Over the years, we have utilized five unique Diet Type plans that range from high protein and fat/low carb to balanced to vegan/vegetarian in order to help people achieve their goal weight and improved health markers.

There are some people who will function optimally on a carnivorous diet, like Ross (the Doctor). Whereas Marion (the Dietitian), feels best eating a vegetarian-based diet. We typically enjoy the same meals, though in different proportions. Let's take a dinner of fish, rice and vegetables. Ross eats fish and vegetables with only a little rice (or none), and Marion makes a plate of vegetables and rice, with a little fish. Within the same household "healthy" diets can vary greatly, but you can choose the right foods for each of you. It means choosing the foods that improve your vital health markers and give you great energy through the day, versus making you feel sluggish.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).*✱

## Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

### Dear Mom & Me,

I am in a canasta group with 20 other women. We meet weekly in one another's homes.

We have all retired to this historic town from all different parts of the country.

One of our member's husbands was an admiral with the U.S. Navy, and they have a dog that is very much a part of their lives. Every time we go to their home, the admiral is constantly

saying, "Does the admiral's doggie want his lunch?" or "Does the admiral's doggie want to go out for a walk?" or "I think the admiral's doggie wants to go out and play."

We are all very aware that he had a very successful career, but we are fed up with listening to him.

How do you suggest we cope with this type of behavior.

Della

### Dear Della,

I think the admiral is having a very difficult time dealing with his loss of status. Many very successful people do and some succeed and others just cannot adjust to being an ordinary person again.

Since you only meet at his home about every five months, I would suggest that you just put up with it, for his wife's sake. And, be glad you don't have to live with him.

Lizzie

### Dear Della,

Most of us with animals have silly ways of talking with our animals.

I am sure if anyone heard how I talk to my dog they would conclude that I am, well, abnormal. I think the man is just talking to his dog.

Who knows? Maybe referring to the dog as the "admiral's doggie" is an inside family joke.

Pryce

*Lizzie and Pryce's email address is [momandmeaging@hotmail.com](mailto:momandmeaging@hotmail.com).*✱



# PETS OF THE WEEK



Ms. Baylee ID# 665423



Savannah ID# 664606

**H**i, my name is Ms. Baylee. I am an 8-month-old female hound/pointer mix, old Florida curr. I am a fun-loving, playful girl with the most adorable ears ever. My ears may not have figured out their direction yet, but my direction is clear – to find a loving home and be the great American dog.

Adoption Fee: \$35 (regularly \$75) during Animal Services' "It's Raining Cats and Dogs" Adoption Promo

Hi, I'm Savannah. I am a 1-year-old spayed female domestic short hair. I am the purr-fect princess and would love to live in my very own castle. I am friendly, loving and cuddly.

Adoption Fee: \$10 (regularly \$50) during Animal Services' "It's Raining Cats and Dogs" Adoption Promo

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com).

*When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.*

*The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.*

*All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.*

*The adoption package is valued at \$500.✱*

## THE RIVER WEEKLY NEWS FROM THE BEACHES TO DOWNTOWN FORT MYERS

|  |                |
|--|----------------|
| Emergency . . . . .                            | 911            |
| Lee County Sheriff's Office . . . . .          | 477-1200       |
| Florida Marine Patrol . . . . .                | 332-6966       |
| Florida Highway Patrol . . . . .               | 278-7100       |
| Poison Control . . . . .                       | 1-800-282-3171 |
| HealthPark Medical Center . . . . .            | 1-800-936-5321 |
| Ft. Myers Chamber of Commerce . . . . .        | 332-3624       |
| Foundation for Quality Childcare . . . . .     | 425-2685       |
| Fort Myers Beach Chamber of Commerce . . . . . | 454-7500       |
| Fort Myers Beach Library . . . . .             | 463-9691       |
| Lakes Regional Library . . . . .               | 533-4000       |
| Lee County Chamber of Commerce . . . . .       | 931-0931       |
| Post Office . . . . .                          | 1-800-275-8777 |
| Visitor & Convention Bureau . . . . .          | 338-3500       |

### ARTS

|   |              |
|---|--------------|
| Alliance for the Arts . . . . .                   | 939-2787     |
| Arts For ACT Gallery & Studio . . . . .           | 337-5050     |
| Art League Of Fort Myers . . . . .                | 275-3970     |
| Barbara B. Mann Performing Arts Hall . . . . .    | 481-4849     |
| BIG ARTS . . . . .                                | 395-0900     |
| Broadway Palm Dinner Theatre . . . . .            | 278-4422     |
| Cultural Park Theatre . . . . .                   | 772-5862     |
| Edison Festival of Light . . . . .                | 334-2999     |
| Florida Repertory Theatre at the Arcade . . . . . | 332-4488     |
| Florida West Arts . . . . .                       | 948-4427     |
| Fort Myers Symphonic Mastersingers . . . . .      | 288-2535     |
| Gulf Coast Symphony . . . . .                     | 489-1800     |
| Harmony Chorus, Charles Sutter, Pres . . . . .    | 481-8059     |
| Naples Philharmonic . . . . .                     | 239-597-1111 |
| The Schoolhouse Theater . . . . .                 | 472-6862     |
| SW Florida Symphony . . . . .                     | 418-0996     |
| Theatre Conspiracy . . . . .                      | 936-3239     |
| Young Artists Awards . . . . .                    | 574-9321     |

### CLUBS & ORGANIZATIONS

|   |                 |
|---|-----------------|
| Angel Flight . . . . .  | 1-877-4AN-ANGEL |
| Animal Refuge Center . . . . .                                      | 731-3535        |
| American Business Women Association . . . . .                       | 357-6755        |
| Audubon of SWFL . . . . .   | 339-8046        |
| Audubon Society . . . . .   | 472-3156        |
| Caloosahatchee Chapter DAR . . . . .                                | 482-1366        |
| Caloosahatchee Folk Society . . . . .                               | 321-4620        |
| Cape Chorale Barbershop Chorus . . . . .                            | 1-855-425-3631  |
| Cape Coral Stamp Club . . . . .                                     | 542-9153        |
| duPont Company Retirees . . . . .                                   | 454-1083        |
| Edison Porcelain Artists . . . . .                                  | 415-2484        |
| Embroiderers Guild of America - Sea Grape Chapter . . . . .         | 239-267-1990    |
| FM UDC Chapter 2614 - United Daughters of the Confederacy . . . . . | 728-3743        |
| Friendship Force Of SW FL . . . . .                                 | 561-9164        |
| Garden Club of Cape Coral . . . . .                                 | 239-257-2654    |
| Horticulture and Tea Society . . . . .                              | 472-8334        |
| Horticultural Society . . . . .                                     | 472-6940        |
| Lee County Genealogical Society . . . . .                           | 549-9625        |
| Lee Trust for Historic Preservation . . . . .                       | 939-7278        |
| NARFE (National Active & Retired Federal Employees . . . . .        | 482-6713        |
| Navy Seabees Veterans of America . . . . .                          | 731-1901        |
| Paradise Iowa Club of SWFL . . . . .                                | 667-1354        |
| Sons of Confederate Veterans . . . . .                              | 332-2408        |
| Southwest Florida Fencing Academy . . . . .                         | 939-1338        |
| Southwest Florida Music Association . . . . .                       | 561-2118        |

### Kiwanis Clubs:

|                                  |                      |
|----------------------------------|----------------------|
| Fort Myers Beach . . . . .       | 765-4254 or 454-8090 |
| Fort Myers Edison . . . . .      | 694-1056             |
| Fort Myers South . . . . .       | 691-1405             |
| Gateway to the Islands . . . . . | 218-5768             |
| Iona-McGregor . . . . .          | 482-0869             |

### Lions Clubs:

|   |                 |
|---|-----------------|
| Fort Myers Beach . . . . .                          | 463-9738        |
| Fort Myers High Noon . . . . .                      | 466-4228        |
| Estero/South Fort Myers . . . . .                   | 898-1921        |
| Notre Dame Club of Lee County . . . . .             | 768-0417        |
| Organ Transplant Recipients of SW Florida . . . . . | 247-3073        |
| POLO Club of Lee County . . . . .                   | 477-4906        |
| Rotary Club of Fort Myers . . . . .                 | 332-8158        |
| Sanibel-Captiva Orchid Society . . . . .            | 472-6940        |
| United Way of Lee County . . . . .                  | 433-2000        |
| United Way 211 Helpline (24 hour) . . . . .         | 211 or 433-3900 |

### AREA ATTRACTIONS

|   |              |
|---|--------------|
| Bailey-Matthews Shell Museum . . . . .                | 395-2233     |
| Burrough's Home . . . . .                             | 337-9505     |
| Calusa Nature Center & Planetarium . . . . .          | 275-3435     |
| Edison & Ford Winter Estates . . . . .                | 334-7419     |
| Fort Myers Skate Park . . . . .                       | 321-7558     |
| Imaginarium Hands-On Museum & Aquarium . . . . .      | 321-7420     |
| JN "Ding" Darling National Wildlife Refuge . . . . .  | 472-1100     |
| Koreshan State Historic Site . . . . .                | 239-992-0311 |
| Langford Kingdon Home . . . . .                       | 239-334-2550 |
| Ostego Bay Foundation Marine Science Center . . . . . | 765-8101     |
| Skatium . . . . .                                     | 321-7510     |
| Southwest Florida Historical Society . . . . .        | 939-4044     |
| Southwest Florida Museum of History . . . . .         | 321-7430     |
| True Tours . . . . .                                  | 945-0405     |

To be listed in calling card email your information to:  
[press@riverweekly.com](mailto:press@riverweekly.com)



PUZZLES

Answers on page 29

Super Crossword

ALSO INCLUDED

- ACROSS
- 1 Part of a car-stopping system

10 Revolved

17 Welcome —

20 Not in good spirits

21 Weaver turned into a spider

22 Word on a dollar bill

23 Leaving chamber groups high and dry?

25 “— favor” (“Please,” to Pedro)

26 Son of Odin

27 Particular

28 Come — stop

29 Dr. T player Richard

30 Grasslike swamp plant

32 Former jrs.

33 Black-and-white stuffed animals?

36 Big public show

39 Altoids piece, e.g.

40 Nome site

41 Whirlpool site

44 Chute behind a boat

48 Greek X’s

49 Showed the ideal way to touch down?

53 Abrade

57 With 56-Down, second self

58 Wiggly fish

59 Tristan’s love

61 Lose

62 Corrupted

65 Cure giver

66 Lhasa —

67 “No roving robbers will be harmed by what I’m doing?”

72 “Carpe —!”

73 Enchant

74 Navigator

76 Boat turner

77 One smoothing clothes

78 Paris’ — de la Cité

81 Kate Nelligan film

82 Is radiant

84 Official

88 Distinctive doctrines

90 Comprising

91 Pindar poem

92 Boulevard

95 Silent sort

97 Dull impact

99 Noggin with a sweat absorber around it?

101 Stubborn equine

104 Branches

108 Associate

109 Six-legged marcher

110 Diner

113 Pertaining to flying craft

114 Crumpets’ go-with

115 Superior to boxer Holyfield?

119 Lister’s abbr.

120 Abroad, to Brits

121 Eschewer of traditional art forms

122 Erie-to-Norfolk dir.

123 Old Spanish money

124 Chances for success

DOWN

1 Wipes clean, in a way

2 Shot — arm

3 Young cod

4 Rush at

5 With 65-Down, Best Picture of 1959

6 Actor Foxx

7 R&B singer India.—

8 “Superman” family

9 Shortstop Renteria

10 Actor — Julia

11 “... boy — girl?”

12 Plaid cloth

13 Illustrate by gestures

14 Dismissal, informally

15 Doc for the neck up

16 — Plaines

17 Scooters’ kin

18 Parka

19 Nun of Ávila

24 Grafton’s “— for Quarry”

29 Grind teeth

31 Specialists

33 More gauzy

34 Oom- —

35 Guest of the Mad Hatter

37 Mouse —

38 Eye, to bards

39 Farrow or Wasikowska

41 Louver, e.g.

42 Like a king’s home

43 Atypical protagonist

45 Senate vote

46 Meet socially

47 Rose of rock

48 A-list folks

50 Lees fabric

51 Certain H.S. exam

52 Kinks hit

54 Set as a goal

55 Buckled, as a seat belt

56 See 57-Across

60 “Darn!”

63 Fancy pitcher

64 Contributors

65 See 5-Down

66 Journalist — Rogers

68 Half a “Mork & Mindy” farewell

69 Federal agts.

70 Furious

71 Required

72 Fido, for one

75 Stand up

77 Edition

78 Neighbor of Mich.

79 Big T-shirt size: Abbr.

80 Zoo bird

83 Full of gusts

85 Common reply to “Are you?”

86 Not ill-suited

87 Japanese drama form

89 Size below 79-Down: Abbr.

92 Lessens

93 Manservants

94 Intertwist

95 Middle, to Brits

96 Most recent

98 Feinstein of the Senate

100 Loathes

101 Relieved sigh

102 Notary’s item

103 Caballero

105 Combat doc

106 Brittany city

107 Types

110 JFK data

111 Totally alter

112 Designer Saint Laurent

115 Punch lightly

116 12/31, e.g.

117 Stephen of the screen

118 French painter Jean

|     |    |    |    |     |     |     |     |    |     |     |     |     |     |     |     |     |     |     |     |     |
|-----|----|----|----|-----|-----|-----|-----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 1   | 2  | 3  | 4  | 5   | 6   | 7   | 8   | 9  |     | 10  | 11  | 12  | 13  | 14  | 15  | 16  |     | 17  | 18  | 19  |
| 20  |    |    |    |     |     |     |     |    |     | 21  |     |     |     |     |     |     |     |     | 22  |     |
| 23  |    |    |    |     |     |     |     | 24 |     |     |     |     |     |     |     |     |     |     | 25  |     |
| 26  |    |    |    |     | 27  |     |     |    |     |     |     | 28  |     |     |     |     |     | 29  |     |     |
| 30  |    |    |    | 31  |     |     | 32  |    |     |     | 33  |     |     |     | 34  | 35  |     |     |     |     |
|     |    |    | 36 |     | 37  | 38  |     |    |     | 39  |     |     |     |     | 40  |     |     |     |     |     |
| 41  | 42 | 43 |    | 44  |     |     | 45  | 46 | 47  |     |     |     | 48  |     |     |     |     |     |     |     |
| 49  |    |    | 50 |     |     |     |     |    |     |     | 51  | 52  |     |     | 53  |     | 54  | 55  | 56  |     |
| 57  |    |    |    |     |     |     | 58  |    |     |     | 59  |     |     |     | 60  |     |     | 61  |     |     |
| 62  |    |    |    |     | 63  | 64  |     |    |     | 65  |     |     |     |     |     |     | 66  |     |     |     |
|     | 67 |    |    |     |     |     | 68  | 69 | 70  |     |     |     |     |     |     |     |     |     |     |     |
| 72  |    |    |    |     | 73  |     |     |    |     |     |     |     | 74  |     |     |     |     |     | 75  |     |
| 76  |    |    |    | 77  |     |     |     |    |     |     | 78  | 79  | 80  |     |     | 81  |     |     |     |     |
| 82  |    |    | 83 |     |     | 84  |     |    |     | 85  |     |     |     | 86  | 87  |     |     |     |     |     |
|     |    |    | 88 |     | 89  |     |     |    | 90  |     |     |     |     |     |     |     |     | 91  |     |     |
| 92  | 93 | 94 |    |     |     |     | 95  | 96 |     |     |     |     | 97  |     |     |     | 98  |     |     |     |
| 99  |    |    |    |     |     |     | 100 |    |     |     | 101 | 102 | 103 |     |     | 104 |     | 105 | 106 | 107 |
| 108 |    |    |    |     |     | 109 |     |    |     | 110 |     |     |     | 111 | 112 |     | 113 |     |     |     |
| 114 |    |    |    | 115 | 116 |     |     |    | 117 |     |     |     |     |     |     | 118 |     |     |     |     |
| 119 |    |    |    | 120 |     |     |     |    |     |     |     |     | 121 |     |     |     |     |     |     |     |
| 122 |    |    |    | 123 |     |     |     |    |     |     |     | 124 |     |     |     |     |     |     |     |     |

King Crossword

- ACROSS
- 1 Pealed

5 Work with

8 "Ali --"

12 Gin flavoring

13 "Kidding!"

14 Hollywood clashers

15 Eight on a sundial

16 Ratatouille ingredient

18 Carrot cousin

20 Redhead's secret?

21 With it

22 Petrol

23 Discard

26 Salad base

30 Gorilla

31 Intention

32 Quarrel

33 Coleslaw or sauerkraut output

36 Door holder

38 "-- had it!"

39 Droop

40 1,000 kilograms

43 Popeye's strengthener

47 Floret veggie

49 Wolf's look

50 Adam and Eve's third son

51 Arctic diving bird

52 Leeway

53 Stage show

54 Ball prop

55 Henhouse

10 German city

11 One side of the Urals

17 Converse

19 Pinch

22 Jewel

23 Pouch

24 Bookkeeper (Abbr.)

25 Civil War soldier

26 Falsehood

27 Grecian vessel

28 Gear tooth

29 Ram's mate

31 Time of your life?

34 "Tara Road" author Maeve

35 With (Fr.)

36 "Bali --"

37 Snub

39 Rail nail

40 Recipe meas.

41 Pitcher

42 Part of N.B.

43 Pivot

44 Quite eager

45 Stop up

46 Fixes a skirt

48 Feedbag morsel
- DOWN
- 1 Answer an invite

2 Inter --

3 Type of film

4 Oriental companion

5 Loosen, in a way

6 First course

7 And so on (Abbr.)

8 Command

9 Not "fer"

MAGIC MAZE ● THE COLOR RED

E S Q N K K I F D A T X V T Q  
O M J H F C C A C R Y W U R P  
N L J H H T F U A D B Z X V T  
R Q S O S C H E R R I E S Y M  
K I H E F U H G D T D B P Z Y  
W V S T Y R L S I O E P Q O N  
L O K I H E N B N L O R F D C  
R G N I R R E H A P P L I A Z  
E L P P A X W R L V U O B F S  
R Q O B O T A M O T N M T K J  
I H S K C E N G I S P O T S F

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- A blush
- Barns
- Blood
- Cardinal
- Cherries
- Firetruck
- Heart
- Herring
- Necks
- Poppy
- Roses
- Sore eyes
- Stoplight
- Stop sign
- Tomato





"No, Henderson, I said I want to see a

\_\_\_\_\_ around here."

answer on page 29

## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Heavy  
MAPLE \_\_\_\_\_

Absorb  
FLUGEN \_\_\_\_\_

Graph  
TRACH \_\_\_\_\_

Cringe  
LICORE \_\_\_\_\_

TODAY'S WORD

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 |   |   | 1 |   |   | 9 |   |   |
|   | 2 |   |   |   | 4 |   | 7 |   |
|   |   | 3 |   | 7 |   |   |   | 5 |
| 9 |   |   |   |   | 1 |   |   | 4 |
|   | 4 |   | 8 | 2 |   | 3 |   |   |
|   |   | 1 |   |   | 5 |   | 6 |   |
|   |   | 5 | 6 |   |   |   | 3 |   |
| 3 |   |   |   |   | 2 |   |   | 1 |
|   | 7 |   |   | 4 |   | 5 |   |   |

## SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29

## HOCUS-FOCUS

BY  
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Sill is missing. 2. Stripe is missing. 3. Cellar window is smaller. 4. Towel is missing. 5. Button strip is shorter. 6. Tree guard is missing.

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**Cucumber, Tomato and Radish Salad With Citrus Dressing**

2 tomatoes, seeded and chopped fine  
2 cucumbers, peeled, seeded, and chopped fine  
3/4 pound radishes, trimmed and chopped fine  
2 tablespoons fresh lemon juice  
2 tablespoons fresh lime juice  
1 clove garlic, mashed to a paste with 1/4 teaspoon salt  
1/4 cup virgin olive oil  
1/3 cup cilantro finely chopped, or to taste  
6 scallions, sliced thin  
In a large bowl whisk together the juices and garlic paste, add the oil in a steady stream, and whisk the dressing until it is emulsified. Whisk in the chopped cilantro and salt and pepper to taste. Add the tomatoes, cucumbers, radishes, and the scallions, toss the salad to combine it well, and garnish the dish with the leftover cilantro sprigs.✱



Cucumber, Tomato and Radish Salad With Citrus Dressing

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# PUZZLE ANSWERS

# SUPER CROSSWORD

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| D | I | S | C | B | R | A | K | E |   | R | O | T | A | T | E | D |   | M | A | T |   |
| U | N | C | H | E | E | R | E | D |   | A | R | A | C | H | N | E |   |   | O | N | E |
| S | T | R | A | N | D | I | N | G |   | U | A | R | T | E | T | S |   |   | P | O | R |
| T | H | O | R |   | D | E | T | A | I | L |   | T | O | A |   |   |   | G | E | R | E |
| S | E | D | G | E |   |   |   | S | R | S |   | F | A | U | X | P | A | N | D | A | S |
|   |   |   | E | X | P | O |   |   |   |   | M | I | N | T |   | A | L | A | S | K | A |
|   | S | P | A |   | P | A | R | A | S | A | I | L |   |   | C | H | I | S |   |   |   |
| L | A | N | D | E | D | B | Y | E | X | A | M | P | L | E |   | C | H | A | F | E |   |
| A | L | T | E | R |   |   | E | E | L |   | I | S | O | L | D | E |   | S | A | G | O |
| T | A | I | N | T | E | D |   |   |   | H | E | A | L | E | R |   | A | P | S | O |   |
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| D | I | E | M |   | E | N | A | M | O | R |   |   |   |   | S | T | E | E | R | E | R |
| O | A | R |   | I | R | O | N | E | R |   | I | L | E |   |   | E | L | E | N | I |   |
| G | L | O | W | S |   | R | U | N |   |   | N | I | N | G | M | A | N | D | A | T | E |
|   |   |   | I | S | M | S |   |   |   | M | A | D | E | U | P | O | F |   |   | O | D |
| A | V | E | N | U | E |   | C | L | A | M |   |   |   |   | T | H | U | D |   |   |   |
| B | A | N | D | E | D | H | E | A | D |   | A | S | S |   |   | L | I | M | B | S |   |
| A | L | L | Y |   |   |   | A | N | T |   | E | A | T | E | R | Y |   | A | E | R | O |
| T | E | A |   | B | E | T | T | E | R | T | H | A | N | E | V | A | N | D | E | R |   |
| E | T | C |   | O | V | E | R | S | E | A |   |   | M | O | D | E | R | N | I | S | T |
| S | S | E |   | P | E | S | E | T | A | S |   |   | P | R | O | S | P | E | C | T |   |

# KING CROSSWORD

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| R | A | N | G |   | U | S | E |   | B | A | B | A |
| S | L | O | E |   | N | O | T |   | E | G | O | S |
| V | I | I | I |   | Z | U | C |   | C | H | I | N |
| P | A | R | S |   | N | I | P |   | H | E | N | N |
|   |   |   |   |   | H | I | P |   | G | A | S |   |
| S | C | R | A | P |   | L | E | T | T | U | C | E |
| A | P | E |   |   |   | A | I | M |   |   | R | O |
| C | A | B | B |   | A | G | E |   | H | I | N | G |
|   |   |   |   |   | I | V | E |   | S | A | G |   |
| T | O | N | N | E |   | S | P |   | I | N | A | C |
| B | R | O | C | C |   | O | L | I |   | O | G | L |
| S | E | T | H |   |   | A | U | K |   | R | O | O |
| P | L | A | Y |   |   | T | E | E |   | E | G | G |

## MAGIC MAZE

**THE COLOR RED**

Across: 1. SKETCHES, 2. SPOTS, 3. BOTANICAL, 4. RHEAP, 5. APPLI, 6. ENB, 7. LOR, 8. SIOEP, 9. UHGOT, 10. SCHERRIES, 11. Y.

Down: 1. K, 2. T, 3. C, 4. CR, 5. H, 6. T, 7. U, 8. A, 9. S, 10. E, 11. S, 12. O, 13. R, 14. G, 15. N, 16. I, 17. R, 18. A, 19. L, 20. O, 21. B, 22. F, 23. T.

# SUDOKU

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 | 5 | 7 | 1 | 3 | 6 | 9 | 4 | 2 |
| 6 | 2 | 9 | 5 | 8 | 4 | 1 | 7 | 3 |
| 4 | 1 | 3 | 2 | 7 | 9 | 6 | 8 | 5 |
| 9 | 8 | 2 | 3 | 6 | 1 | 7 | 5 | 4 |
| 5 | 4 | 6 | 8 | 2 | 7 | 3 | 1 | 9 |
| 7 | 3 | 1 | 4 | 9 | 5 | 2 | 6 | 8 |
| 2 | 9 | 5 | 6 | 1 | 8 | 4 | 3 | 7 |
| 3 | 6 | 4 | 7 | 5 | 2 | 8 | 9 | 1 |
| 1 | 7 | 8 | 9 | 4 | 3 | 5 | 2 | 6 |

My Stars ★★★★★

**FOR WEEK OF JULY 11, 2016**

**ARIES** (March 21 to April 19) You dislike waiting for promises to be fulfilled and for commitments to be kept, but resist your headstrong tendency to push things along. Your patience will be rewarded.

**TAURUS** (April 20 to May 20) Expect continuing opposition to your plans from die-hard detractors. However, your determination to see things through will carry the day. A Pisces has romantic ideas.

**GEMINI** (May 21 to June 20) You might be too close to a troublesome workplace situation to deal with it successfully. Step away in order to get a better perspective. A solution soon becomes obvious.

**CANCER** (June 21 to July 22) You might suspect that someone you trust has misled you on an important matter, but a more balanced view of things reveals a misunderstanding to be the culprit.

**LEO** (July 23 to August 22) The Big Cat's natural magnetism has rarely been stronger. You can either just bask in all that admiration or use it to your advantage, especially in the workplace.

**VIRGO** (August 23 to September 22) Someone who previously balked at cooperating with you on a project suddenly has a change of heart. Accept both help and advice with grace.

**LIBRA** (September 23 to October 22)  
Some hazy issues still need to be cleared up before you can move on with your new plans. A friend from the past reaches out to re-establish old ties.

**SCORPIO** (October 23 to November 21) Continued positive fall-out follows that risky workplace decision you made some time ago. Your payoff will soon prove to be more substantial than you expected.

**SAGITTARIUS** (November 22 to December 21) A personal relationship continues to be affected by a recent unexpected turn of events. Things need to work themselves out without finger-pointing.

**CAPRICORN** (December 22 to January 19) It's a wonderful week for all you capricious Goats to kick up your heels with friends or family members in some well-earned fun and frivolity.

18) Caution is advised before making a financial commitment to someone you don't really know. There are better ways to build friendships than with risky fiscal dealings.

**PISCES** (February 19 to March 20)  
Travel plans continue to be favored.  
A change of scenery brings new  
opportunities, both personally and  
professionally. Be open to the possibilities.

**BORN THIS WEEK:** You have a strong sense of loyalty that shows itself best in your relationships with family and friends.

## THIS WEEK IN HISTORY

- On July 14, 1881, Sheriff Pat Garrett shoots Henry McCarty, known as Billy the Kid, to death at the Maxwell Ranch in New Mexico. Garrett had been tracking the Kid for three months after the gunslinger escaped from prison only days before his scheduled execution.

- On July 15, 1903, the newly formed Ford Motor Company takes its first order: an \$850 two-cylinder Model A automobile with a backseat. The car was delivered a week later. The Model A could accommodate two people side-by-side on a bench; it had no top, and was painted red.

• On July 12, 1933, the first three-wheeled, multi-directional Dymaxion car designed by Buckminster Fuller is manufactured in Connecticut. It had a steel chassis and a body made of ash wood, covered with an aluminum skin and topped with a painted canvas roof.

- On July 11, 1945, the Soviet Union promises to hand over power to British and U.S. forces in West Berlin. Although the division of Berlin into zones of occupation was seen as temporary, the dividing lines quickly became permanent.

- On July 13, 1955, nightclub owner Ruth Ellis is convicted of murdering her boyfriend, playboy race-car driver David Blakely. Ellis was later executed by hanging, becoming the last woman in Great Britain to be put to death.

- On July 17, 1967, Jimi Hendrix drops out as the opening act for teenybopper sensations The Monkees. The booking of psychedelic rock god with the made-for-television Monkees was the brainchild of Hendrix's manager, Mike Jeffery.

- On July 16, 1995, Amazon officially opens for business as an online bookseller.

Within a month, the fledgling retailer had shipped books to all 50 states and 45 countries. Amazon eventually morphed into an e-commerce colossus, selling everything from groceries and furniture to live ladybugs.

## STRANGE BUT TRUE

- It was noted American computer scientist Alan Kay who made the following sage observation: “A change in perspective is worth 80 IQ points.”

- The pirate spider eats almost nothing besides other spiders. Researchers say this presents some problems when it comes time to mate.

• Isaac Asimov is probably best known for his classic science-fiction novels, including the Foundation Series and “I, Robot,” but he was much more than a pulp writer. His works are so wide-ranging that he has entries in nine out of the 10 major categories of the Dewey Decimal system. In addition to his science-fiction works, he wrote history (“The Greeks: A Great Adventure,” “The Egyptians”), literary works (“Asimov’s Guide to Shakespeare,” “Asimov’s Guide to the Bible.”), humor (“Lecherous Limericks,” “Treasury of Humor”), mystery (the Black Widowers series) and popular science (“The Intelligent Man’s Guide to Science”). Asimov earned a Ph.D. from Columbia University in biochemistry, which he also taught; he published academic works in science and mathematics. His prolific life is detailed in three works of autobiography, and he and his wife, Janet, even found time to co-author a self-help book titled “How to Enjoy Writing: A Book of Aid and Comfort.”

- You might be surprised to learn that the electric fan was invented in the 19th century. Then again, at the moment that fact might not be surprising; the heat of summer can be a powerful motivator.

- Though the ukulele is commonly associated with the Hawaiian Islands, it didn't originate there. The instrument actually came from Portugal, where it was known as a machete, and was introduced to the islands around 1870 by sailors.

## THOUGHT FOR THE DAY

“As scarce as truth is, the supply has always been in excess of the demand.”

## SCRAMBLERS

*solution*

1. Ample; 2. Engulf;  
3. Chart; 4. Recoil

*Today's Word*  
**PROFIT**

## TRIVIA TEST

1. History: Which American Revolution conflict featured “the shot heard round the world”?
2. Food & Drink: From what plant is the spice saffron obtained?
3. Mythology: What mythical monster had a lion’s head, a goat’s body and a snake’s tail?
4. Language: What is xenophobia?
5. Movies: Who played the lead character in “Hellboy”?
6. Medical: What is the medical term for a nosebleed?
7. Literature: This 19th-century poet wrote “Leaves of Grass”?
8. Music: How many notes are in a major scale?
9. General Knowledge: What is the last letter of the Greek alphabet?
10. Geography: What is an atoll?

## TRIVIA ANSWERS

1. Bitterm of Lexington and Concord 2. Crocus  
3. Chimeræ 4. A fear of foreigners or strangers  
5. Ron Periman 6. Epistaxis 7. Walt Whitman  
8. Seven (the eighth note duplicates the first at  
double its frequency) 9. Omega 10. A ring-  
shaped coral island surrounding a central lagoon



# ★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

## REAL ESTATE

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★RS 4/29 CC TFN

## COMMERCIAL RENTAL

### COMMERCIAL RENTAL



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★RS 12/4 CC TFN

### OFFICE SPACE FOR RENT

Great office space for rent. Great location, 700 square feet on Periwinkle. Call Joe Gil 516-972-2883 or 800-592-0009.

★NS 4/24 CC TFN

## ANNUAL RENTAL

### HOUSE FOR RENT, FURNISHED

Newly renovated 1400 sq foot home on Rabbit Road with deeded private beach access and close to school. 3BR/2B. Fully furnished and equipped, garage, screened-in lanai. Sept 1 - Aug 31. \$2,400 first, last, and security. 902-626-1782 or jdmac66@outlook.com References required.

★NS 7/8 CC 7/29

## ANNUAL RENTAL

### ANNUAL RENTALS SANIBEL

#### MINUTES TO SANIBEL

This updated 1/1 Unfurnished condo. Is ground floor with screen porch, tile floor, and w/d inside unit. Pool and tennis and 5 minutes to Causeway. \$850/mo.

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★NS 7/8 CC 7/15

### HOUSE FOR RENT

West Gulf Dr., long term, 2,000 sq.ft. 3Br,2B, loft, 2 car garage. 2 enclosed lanais off MB & LR. Private Deeded Beach. \$2,500, first, last, security. 239-910-6430 or email Luvavantis@aol.com

★RS 6/24 CC TFN

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★RS 1/4 CC TFN

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★RS 1/23 BM TFN

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★NS 6/24 CC 7/8

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★RS 5/13 CC TFN

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★NS 7/1 CC 7/8

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★NS 7/1 CC 7/8

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★NS 7/8 CC 7/8

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★NS 5/6 BM TFN

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★NS 7/1 NC TFN

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★RS 1/22 BM TFN

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★RS 1/4 NC TFN

## LOST AND FOUND

### ENGAGEMENT RING LOST

Engagement ring lost at the Lighthouse Beach by the big driftwood tree on 4/28/16 in the water. If anyone finds, please contact the Sanibel Police or call 864-704-5135.

★NS 5/13 NC TFN

To advertise in  
*The River Weekly News*  
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### Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous

**SANIBEL BICYCLE CLUB**



# Turtle Nesting Season Guidelines

With the official start of sea turtle nesting season now upon us, the City of Sanibel, in partnership with the Sanibel-Captiva Conservation Foundation (SCCF), is asking all residents and visitors to do their part in protecting these threatened and endangered species.

On Sanibel, nesting and hatchling emergence typically occur between May 1 and October 31. The nesting ritual of the loggerhead sea turtle is one of the most remarkable natural phenomena occurring on Sanibel's gulf beaches. This natural process has happened on Sanibel for centuries and our 11 miles of gulf shoreline have more nesting activity than any other beach in Lee County. Sought by predators and susceptible to dehydration, sea turtle hatchlings have only a one in one thousand chance of survival. Human activities can further reduce that chance.

By following these simple guidelines, you can do your part to ensure the survival of these magnificent creatures:

- Turn off or shield lights near the beaches. Artificial beach lighting can inhibit female sea turtles from nesting and disorient hatchlings. Most beachfront lighting issues can be addressed by turning off all unnecessary lights, repositioning or modifying light fixtures or closing blinds and drapes.
  - Remove furniture and other items from the beach and dune area when not in use, between the hours of 9 p.m. and 7 a.m. Items left on the beach, including beach furniture, toys and trash, may be barriers to nesting or result in entanglement and predation of hatchlings.
  - Level all sandcastles and fill any holes dug during play. These are fine during the day but may pose additional hazards at night. Please leave the beach as you found it, so that sea turtles and hatchlings are not hindered on their way to nest or to the water.
  - Pick up all trash. Sea turtles mistakenly eat debris, especially plastic, which results in death.
  - Honor the leash law. All dogs on the beach must be on a leash and not allowed to disturb nesting turtles or hatchlings.
- Gulf-front property owners should make sure that their properties are in compliance with the city's sea turtle protection ordinances and ensure that artificial lighting from the property is not illuminating the beach (Sanibel Code Section 74-181-74-183, Section 126-996-126-1002).



Kerry Salatino, volunteer with SCCF Sea Turtle Conservation Program, finding sea turtle hatchlings with program coordinator Kelly Sloan  
photo by Jeff Lysiak

An easy way to test if your property is in compliance is to stand on the beach on a moonless night and look seaward. If you can see your shadow cast towards the water, there is too much light behind you. This light could potentially deter female turtles from nesting or disorient hatchlings as they emerge from the nest.

We look forward to another successful sea turtle nesting season and hope to uphold Sanibel's reputation as having one of the darkest and most "turtle friendly" beaches in the state. We ask for your continued compliance with city's sea turtle protection ordinances and remind all residents and visitors that violations of these ordinances may be subject to city, state, and/or federal fines and penalties. Violations should be reported immediately to the Sanibel Police Department at 472-3111, Sanibel Code Enforcement at 472-4136, or Natural Resources at 472-3700.

For more information regarding sea turtles on Sanibel, visit the city's website at <http://mysanibel.com/Departments/Natural-Resources/Protecting-Our-Beaches/Sea-Turtles>.

## HORTOONS

A cartoon illustration of two green crocodiles on a golf course. One crocodile is wearing a yellow shirt and a small hat, and is holding a golf club. The other crocodile is wearing a yellow shirt and is looking at the first crocodile. A speech bubble from the second crocodile says: "HEY BOB, MY BALL LANDED NEXT TO THE LAKE. DO YOU THINK I SHOULD PLAY IT WHERE IT LIES?". The background shows a golf course with a flag, a tree, and a lake. The signature "HORTOON" is in the bottom right corner.

## Top 10 Real Estate Sales

| Development             | City             | Year Built | Square Footage | Listing Price | Selling Price | Days On Market |
|-------------------------|------------------|------------|----------------|---------------|---------------|----------------|
| Venetian Gardens        | Fort Myers Beach | 2014       | 7,113          | \$2,300,000   | \$2,300,000   | 302            |
| Edgewater               | Fort Myers       | 1998       | 4,200          | \$1,995,000   | \$1,915,875   | 13             |
| Bellagio At The Colony  | Bonita Springs   | 2012       | 3,217          | \$1,449,000   | \$1,292,500   | 100            |
| Dunes At Sanibel Island | Sanibel          | 1995       | 3,553          | \$1,350,000   | \$1,300,000   | 20             |
| Dolphin Cove            | Bonita Springs   | 2001       | 3,900          | \$1,349,000   | \$1,250,000   | 378            |
| Las Palmas              | Bonita Springs   | 2000       | 3,569          | \$1,184,000   | \$1,170,000   | 54             |
| Renaissance             | Fort Myers       | 2014       | 3,525          | \$1,174,990   | \$1,064,000   | 404            |
| Las Palmas              | Bonita Springs   | 2005       | 2,675          | \$1,099,000   | \$1,050,000   | 62             |
| Avieto                  | Bonita Springs   | 2005       | 3,354          | \$1,059,000   | \$1,000,000   | 23             |
| Mossy Oak               | Fort Myers       | 2007       | 4,562          | \$949,000     | \$900,000     | 51             |





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